

GLUTEN-FREE OPTIONS FROM



SOUPS*:

- #5214 Scratch Recipe Fire Roasted Tomato Ancho
- #5213 Scratch Recipe Autumn Harvest Bisque
- #1976 Soup Supreme Chicken Pot Pie Filling
- #1178 Soup Supreme Cheddar Broccoli Cheese
- #5429 Soup Supreme Cream of Mushroom
- #1179 Soup Supreme Cream of Potato
- #1661 Soup Supreme Captain's Corn Chowder
- #1977 Chili Supreme Chili Grande with Beans

FRUITS:

- #5218 Dole Cranberries
- #2029 Dole Whole Blackberries
- #2837 Dole Mango Chunks
- #2036 Dole Mixed Melons (cantaloupe and honeydew)
- #2030 Dole Blueberries
- #5217 Dole Dark Sweet Cherries
- #2032 Dole Mixed Fruit (peaches, strawberries, and pineapple)
- #3069 Dole Pineapple Chunks
- #2031 Dole Whole Raspberries
- #2033 Dole California Sliced Peaches
- #2028 Dole Whole Strawberries
- #2633 Dole Strawberry Bits & Pieces
- #2037 Dole Whole Red Tart Cherries
- #2034 Dole Wildly Nutritious Mixed Berries
- #5717 Glacier Raspberry Crumbles
- #4984 Flav-R-Pac Oregon Berry Mix
- #4983 Flav-R-Pac Fiesta Blend
- #4985 Flav-R-Pac Sunrise Fruit Medley

FRUIT TOPPING (no high fructose corn syrup)*:

- #5402 Cherry
- #4982 Blueberry
- #4981 Peach
- #4980 Diced Apple
- #3778 Sliced Strawberry
- #3779 Triple Berry

VEGETABLES:

- #1266 Flav-R-Pac Grande Classics Normandy Blend
- #5520 Flav-R-Pac Grande Classics Sunshine Carrots
- #5309 Flav-R-Pac Deluxe Stir Fry Vegetable Blend
- #5353 Flav-R-Pac Baja Vegetable Roast
- #2069 Flav-R-Pac Fajita Blend
- #3781 Flav-R-Pac Grande Classics Gourmet Whole Green Beans
- #3127 Flav-R-Pac Asparagus Spears
- #2557 Flav-R-Pac Grande Classics Riviera Blend
- #2556 Flav-R-Pac Grande Classics Key West Blend
- #3782 Flav-R-Pac Grande Classics Gourmet Caribbean Blend
- #5968 Bright Harvest Country Style Cut Sweet Potatoes
- #3853 Bright Harvest Center Cut Sweet Potatoes

- #5026 Alison's Breakfast Blend Potatoes
- #5025 Alison's Diced Russet Potatoes
- #5024 Alison's Peeled Shredded Hash Browns

SEASONING BLENDS:

- #1850 Alison's Pantry Superb Spaghetti Seasoning
Ingredients: Potato Flour, Salt, Sugar, Dextrose, Paprika, Garlic, Spices, Onion, Whey, Turmeric, Sunflower Oil (anti caking agent), Citric Acid (3%).
- #2589 Alison's Pantry Lip Smackin' Chipotle Ranch Dip
Ingredients: Maltodextrin, whey powder, salt, buttermilk powder, onion, garlic, chipotle pepper, pepper, autolyzed yeast extract, vinegar powder, guar gum, xanthan gum, parsley, dextrose, citric acid. Contains milk products.
- #2591 Alison's Pantry Seafood Blend
Ingredients: Black Pepper, Salt, Lemon Peel, Onion, garlic, Citric Acid, Dill Weed, Lemon Oil, Parsley, Extractives of turmeric.
- #2590 Alison's Pantry Tasty Tomato Herb Dip
Ingredients: Dehydrated vegetables (tomato, onion, garlic), Tomato powder, sea salt, basil, citric acid.
- #2588 Alison's Pantry Yummy Guacamole Seasoning
Ingredients: Dehydrated Vegetables (onion, tomato, shallots, cilantro), Garlic, salt, red pepper, black pepper.
- #1440 Barbecue Spice Blend Seasoning
Salt, Sugar, Paprika, Chili Powder Mild (chili pepper and other spices, salt, garlic) Black pepper, Onion, Dry Molasses Powder, Mace, Garlic
- #1699 Coleslaw Seasoning Blend
Ingredients: Sugar, Onion, Salt, Black Pepper, Celery Seed, Parsley.
- #1016 Emma's Enchilada Seasoning
Ingredients: Corn Flour, Chili Pepper, Salt, Onion, Corn Starch, Cumin, Garlic, Coriander.
- #1441 French Fry Seasoning
Ingredients: Salt, onions, garlic, red pepper, natural grill flavor (maltodextrin, natural flavors), spice extractive.
- #1670 Hearty Bean Seasoning
Ingredients: Spices (chili pepper, black pepper, red pepper, celery seed, cinnamon, clove), salt, sugar, onion, corn syrup solids, garlic, natural mesquite smoke flavoring.
- #2747 Honey Mustard Rub
Honey Crystals, mustard, Salt, Corn syrup solids, sugar, sodium diacetate, turmeric, onion, citric acid
- #1432 Italian 'n Pizza Seasoning
Ingredients: Garlic, Oregano, Basil, Marjoram, Savory.
- #1535 Mom's Meatloaf Seasoning
Ingredients: Tomato Powder, salt, yeast, onion, HVP (hydrolyzed corn gluten, salt, caramel color, partially hydrogenated soybean oil), paprika, parsley, garlic, black pepper, silicon dioxide(anti-caking agent).
- #1035 Super E-Z Sloppy Joe Seasoning Mix
Ingredients: Onion, sugar, salt, potato flour, chili pepper, spices (black pepper, celery seed), garlic, citric acid, sunflower oil, natural flavors. Contains Soy Products.

FLOUR & MIXES:

- #5681 Grandpa's Kitchen Gluten-Free Flour Blend
- #5682 Grandpa's Kitchen Gluten-Free Bread Mix
- #5683 Grandpa's Kitchen Gluten-Free Pizza Mix



* Please note: Products rotate through catalog and may not be available every month. Various beans, lentils, split peas, and long grain brown and white rice are available on our Basics list.