



Alison's
Pantry™

*Solutions for your
food storage
resolutions!*

Solution #2: Dehydrated Chopped Onions

The more you use dehydrated foods, the more you love them! Alison's Pantry offers a nice selection of **dehydrated fruits and vegetables** including apples, potatoes, corn, mushrooms, and onions. Dehydrated products are ideal for long-term storage but they also help you avoid all of the washing, peeling, pitting and dicing, but retain the nutrients that are lost in canned produce.

Dehydrated Chopped Onions (#2303) are a great example. Once you incorporate them into your cooking, you may not use fresh onions again. These are so much easier...and don't cause tears. Use dehydrated onions in all of your soup, meatloaf, and sauce recipes to add flavor and save time. Try out this easy, low-fat recipe using dehydrated onions:

DILL DIP

1 cup cottage cheese
1 cup mayonnaise
1Tbs. dehydrated onion (#2303)
1Tbs. dried parsley (#1426)
1Tbs. dill weed (#1856)
1/2 tsp. seasoning salt (#1033)

Blend well and chill overnight. Serve with crisp veggies.



Dehydrated Chopped Onions

Item #2303

40 oz. #10 can

\$11.29

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