

# THE WAY TO THE HEART

Serve something special!

Find BIG sales on steak and shrimp for romantic meals at home.

See pages 14 & 17.

# Muy Bueno!

New Latin Rice and other products for South-of the-Border meals.
See page 5.

MORE TO LOVE IN 2024!

Watch for new, deep sales on different products EACH month in our catalogs. The sales in this catalog expire February 19th.



COVER FEATURES:

#1554 Hereford Flat Iron Steaks, 6/8 oz. steaks ...........Reg. \$46.99 SALE \$34.99

#### SEEKING REPRESENTATIVES NOW IN:

Oakley, KS • Tremonton, UT • Mayfield, UT • Casper, WY • Great Falls, MT • Spearfish, SD • Minot, ND



My name is Dana Sanborn, and I'm from Glendo, Wyoming. I've been married to my husband, Josh, for 22 years, and we have raised three amazing kids ages 21, 18, and 17. My husband is a coal miner, and I keep busy in my job as Emergency Medical Services Division Chief for Banner Health — Platte County, as well as finishing my paramedic training, and keeping track of our kids and their activities.

Alison's Pantry has been a family effort for us for the past 15 years, with everyone involved in unloading the truck, quick inventories, boxing orders, and helping customers with pickups and deliveries. We've enjoyed being part of the Alison's Pantry family over the years, and the wide variety of products offered. We haven't yet found anything we really don't like, and with growing teenagers everything quickly becomes a favorite! One of our favorite go-to meals though, is the Tempura Chicken with Sweet and Sour Sauce, served with Vegetable Fried Rice, Pork and Vegetable Egg Rolls, and Crab Rangoon (see pages 12 & 21). It makes a complete meal that everyone loves. I'm really happy that I discovered Alison's Pantry, and I'm proud to provide a valuable service to our rural community.

AP Rep Dana Sanborn, Glendo, Wyoming Average Monthly Sales: \$3,300.00

If you'd like an Alison's Pantry business of your own like Dana, contact us today. Already manage another at-home business?

Share Alison's Pantry with your customers, too!

# Become an Alison's Pantry Rep!

**OR EMAIL US: SUPPORT@ALISONSPANTRY.COM** 



# Alison's Pantry



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Order is delivered to your Rep's home in about a week after the order deadline.



Place an order at www.alisonspantry.com, or with your Rep, by the catalog order deadline printed on the back cover.



Pick up your order from your Rep. Enjoy restaurant-quality food from the comfort of home.



Have you tried an Alison's Pantry product that you love? Why not save a dollar on it the next time you order? We'll add a \$1 credit to your Alison's Pantry account each time you visit alisonspantry.com and leave a positive product review. Tell us 1) how you used the product and 2) what you liked about it, and help other customers find new products to love!

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Our mission is to provide restaurant-quality food products with quality service and a personal touch. Let us fill your Pantry!

#### 90 Day Double Your Money Back Guarantee.

Certain exclusions apply. Refunds must be requested within 90 days from purchase date and will be applied to your account as credit. This policy does not apply in the circumstance of a damaged or defective item, which will be refunded or credited for the original purchase price. I also does not apply to Hot Deal, Pantry Bargain or other #2 products. To prevent fraud Alison's Pantry reserves the right to revoke the guarantee at our discretion.

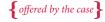
#### Alison's Pantry

580 W. State Street Pleasant Grove, UT 84062 801-796-6411 Toll Free: 1-866-5-PANTRY Fax: 801-796-9309

Office Hours: M – F8:00 a.m. – 5:00 p.m. www.alisonspantry.com

Prices and products are subject to change without notice. Sales tax will be charged according to your representative's town and state. Alison's Pantry adds 10% shipping to all orders. We reserve the right to substitute items of equal value and quality.

**GF** = gluten-free IW = individually wrapped











# $\$9.99\ \&\ under$ • Stretch your budget with these family-favorite products for \$9.99 or less.



## & Linguine Saute

Succulent shrimp with linguine pasta tossed in a buttery garlic and herb sauce. Ready in 10 minutes. 2-3 svgs. 1 lb. bag #3392....\$9.99



Mandarin orange sauce. No MSG. Frozen. 22 oz. bag #1376...\$9.99

#8963....\$9.99



#### **Homestyle Meatballs**

Oven-baked IQF meatballs made from premium beef and pork, and imported Pecorino Romano cheese. Approx. 52 1/2 oz. meatballs per bag. 26 oz. bag





#### Cooked Mini Cheese Ravioli

Tender ravioli filled with creamy ricotta, Romano cheese and parsley in a bite-sized piece. 24 oz. bag

#3245....\$8.99



#### **BBQ Teriyaki Chicken**

Marinated and barbecued chicken with an authentic teriyaki sauce. No MSG. Frozen. #1377....\$9.99



#### **Garlic Butter Shrimp**

Raw, peeled & deveined shrimp in a smooth garlic butter sauce. Farm-raised. Product of India. 31/40. 12 oz. bag

#1927....\$9.99





#### **All-Natural Peppered** Bacon Wrapped Pork Fillets

Pork tenderloin fillets (approx. 1/3 lb. each) wrapped in flavorful peppered bacon. Delicious on the arill, baked, or pan-fried.

GF 3/approx. 6-7 oz. fillets #2681....\$9.99





# **Four Cheese Toasted Ravioli** Tender pasta filled with a blend of Ricotta, Romano, Asiago, and Parmesan cheeses then lightly breaded with

seasoned breadcrumbs. Bake or air fry. 16 oz. bag #3377....\$8.99



Natural White Cheddar Cheese Curds **GF** 16 oz. bag #2891....\$7.49



#### Old Fashioned Cinnamon Rolls w/ Icing

Just proof, bake, and enjoy homemade flavor with these large preformed cinnamon rolls. Icing packet included! Proof & bake instructions on each bag. 6 ct. / 4 oz. rolls

#3203....\$9.99









#### **Shredded Hash Browns**

Extra-long shreds of premium potatoes that fry up consistently crisp and full of unbeatable flavor. No oil, chemicals, or preservatives added. Frozen. **GF** 3 lb. bag

#2985....\$8.49











**Brussels Sprouts GF** 2 lb. bag #6381.....\$6.99







#### **NEW PACK SIZE! Chicken Cordon Bleu**

Crispy breaded chicken breast stuffed with smoked ham and Swiss cheese. 30 oz. bag/ 6/5 oz. entrees #3483...\$15.49 | \$2.58 per svg.



#### **NEW! Dark Chocolate Banana Dippers**

Frozen Dole banana slices drenched in rich dark chocolate. 100 calories per pack.

GF 4/6 ct. boxes

#3487...\$18.99 | .78 per sleeve



#### **NEW! Keebler Chips Deluxe Minis**

Bite-size chocolate chip cookies made with M&M's Minis. 30 ct. / 1.6 oz. bags

#3479.... \$21.99

**Sea Salt Caramels** 

36 oz. jar #3481....\$19.99



#### NEW! Gusher's Fruit Flavored Snacks **Variety Pack**

Fruit snacks with a juicy center made with real fruit juice. Tropical and Strawberry Splash flavors. 42 ct. box

#3486....\$21.99 .52 each



#### Fa<mark>rmRi</mark>ch.

#### **NEW! Cheese Pizza Crunchers**

Scrumptious munchies with real mozzarella cheese, pizza sauce, and golden breading. Approx. 36 pieces. 3.13 lb. bag

#3489...\$16.99



Sweet sugar snap peas with farm-fresh flavor. 2 lb. bag

#3496...\$8.99



#### NEW! Frito Lay Fun Flavor Mix Chip Variety Pack

8 - Cheetos Crunchy Flamin' Hot; 6 - Cheetos Crunchy Cheddar Jalapeno; 7 - Doritos Spicy Nacho; 6 - Funyuns; 10 - Cheetos Puffs; 12 - Lay's Wavy Potato Chips; 5 - Fritos Chili Cheese.

#3480....\$34.99 | .65 each



#### **NEW! Savory Seasoned Garlic & Onion** Crinkle Potato Wedges

Battered, crinkle-cut potato wedges with savory garlic and onion seasoning. Bake or fry. 5 lb. bag

#3488...\$16.99



#### **NEW! Goldfish Baked Variety Pack**

Variety includes: 15 Flavor Blasted Cheddar, 15 Cheddar Colors, 10 Pretzel, 5 Vanilla Cupcake.

#3478....\$28.99 | .64 each



#### **NEW! Caramel S'mores Clusters**

Delicious clusters of graham crackers and marshmallows melded with kettle-cooked caramel and slathered in a layer of smooth milk chocolate. 26.3 oz. bag

#3456....\$15.99



each of roasted & salted peanuts, dry roasted & salted almonds, roasted & salted cashews. 30 ct. / 1.6 oz. bags

#3482....\$25.99 .87 each



sprinkled with flaky sea salt.



#### **NEW! Creamy Mango Habanero Bites**

Creamy, cheesy bites made with cream cheese, diced mangos, and habanero peppers in a crispy, buttery coating. Moderate spice level. A hit with our testers.

2 lb. bag

#3490...\$19.99



#### **NEW! Latin Rice**

Long-grain white rice seasoned with tomato paste, chicken bouillon, spices, fire roasted bell pepper and poblano peppers, and roasted corn. 3 lb. bag

#3491...\$17.99



#### **Horchata Bites**

A creamy, indulgent, Latin-inspired bite made with cream cheese and traditional horchata flavors such as rice flour, cinnamon and vanilla in a crispy breading.

2 lb. bag

#3495...\$18.99



#### **NEW! Sun-Up Blend**

Sweet blend of sliced peaches, strawberries, honeydew, pineapple and blueberries. No sugar added. 5 lb. bag

#3484...\$16.99



#### **Organic Coconut Aminos**

Organic coconut blossom nectar and Himalayan salt for a healthier soy sauce replacement. 45% less sodium than soy sauce. Low glycemic index. Soy, gluten, and dairy-free. GF 16.9 oz. bottle

#3503...\$13.99





#### **NEW! Vegetable Peeler**

This carbon steel blade with a strong plastic handle makes quick work of peeling vegetables.

#3499....\$8.49



#### **NEW! Snack on the Go Container**

Easily take snacks and dips anywhere without having them minale! This separated storage container keeps things mess-free and leak-free in lunch bags and backpacks. 6.25" x 2.38" x 1.75" #3500...\$8.49



#### **Organic Energy Blend**

Step away from the energy drinks! Made with naturally energizing organic ingredients like green coffee extract and maca. Just mix it up in drinks or recipes for an anytime pick-me-up. 4 q. fiber, 5 g. protein, 100% daily value of B1, B2, B3, and B6 vitamins, no added sugar. Soy, gluten, and lactose free. 18 mo. shelf life. 12.7 oz. bag

#3504....\$15.99





#### **NEW! Better Butter Keeper**

Stores and keeps butter fresh, soft, and ready for spreading for up to 30 days without any refrigeration. Bell shape holds 1 stick of butter securely; water in the base connects with the





#### **NEW! Mini Flexible Brownie Spatula**

Perfectly sized spatula to cut, lift, and serve brownies and cookies. Stainless steel blade with wooden handle. 8" x 1.5" #3502...\$6.99



# SKOY

#### Scrubs, Set of 2

Once you use them, you won't be without them! Reusable, long-lasting scrubbing cloths that are safe on all surfaces, including ceramic cooktops. Easy to clean; top-rack dishwasher safe. Assorted colors (one solid and one printed). (2) 5" x 6"

#2631 ....\$9.99











#### **Extra Thick Cut Bacon**

Naturally triple slow smoked bacon with an extra-thick cut. Made in the USA! No added MSG. Product is frozen to extend shelf life. GF 3 lb. pack

#3257....\$23.99



Sherry Tang, Bismarck, ND #9137....\$73.99 | .25 per slice Smoked Canadian Bacon, Sliced Smokey sweet Canadian Bacon ma pork sirloin hips. Frozen. GF 32 oz. pouch / .75 oz. slices #2744....\$14.99

Double-smoked applewood bacon for the bacon

connoisseur. Bolder flavor than our #4835 bacon.

GF 300 slices per box

Thick Cut #1 Quality Bacon, Raw **GF** 24 oz. pack....\$12.99

- ♦ #8464 Deep Applewood Smoked
- #8465 Peppered

con and this has never failed us....even

in the microwave, crispy every time!"

#8463 Honey Cured







#### **Fully-Cooked, Hickory Smoked Round Bacon Slices**

Crispy, hardwood-smoked 3" bacon rounds. Perfect for stacking on burgers and sandwiches. GF 96 / .367 oz. round slices

#3018....\$31.99 | Just .33 per slice!



# New! Save by the case!





#1 breakfast sausage brand in America! Traditional allnatural 3.75" pork breakfast links. Fully cooked; no MSG. **GF** 100 ct. / 2/5 lb. bags #3457....\$56.99



**Fully Cooked Maple Breakfast Pork Sausage Links** Traditional, all-natural pork sausage flavored with maple syrup. **GF** 100 ct. / 2/5 lb. bags #3157....\$56.99



Sausage, Egg & Cheese Biscuits Microwave or oven bake. IW 12 ct./4.9 oz. box #5354....Reg. \$26.99 | SALE \$19.99

**P@SADA** 

24/4 oz. buritos

Wrapped in a white tortilla. Microwavable. IW.

#7419....\$50.99 | \$2.12 each

"I don't even like breakfast but I love these! So easy for a quick meal, and they taste great." Danni Carlisle, Escalante, UT



Egg, Bacon & 3 Cheese Egg, Bacon & 3 Cheese Breakfast Burritos

Egg, Sausage, & 3 Cheese Breakfast Burritos

Stuffed with whole eggs, savory sausage and three velvety, melted cheeses— American, Monterey Jack and Cheddar. 12/7 oz. burritos

#4845....\$35.99 | \$3.00 each



Johnsonville Sausage, Egg & Cheese **Buttermilk Biscuits** 16/4 oz. biscuits

#4842...\$23.99



KRUSTEAZ

Mini Pancakes

Fluffy little 2.36" pancakes, perfect for dipping! Heat and serve.

#3204....\$ 19.99 | Just .11 each!



Mini Bagels with Strawberry Cream Cheese

Filled with the goodness of whole grain and richness of flavored Neufchatel cheese, these pre-baked, frozen mini bagels are individually wrapped in heat-and-serve ovenable pouches. 36 ct. / 2.43 oz. packs

#2663....\$32.99 | Just .92 per pack!



**Homestyle Waffles** 72 ct. waffles #1498...\$20.99 .29 each



#### **Belgium Pearl Sugar Waffles**

Pre-baked, yeast-raised waffle dough with caramelized pearl sugar (like waffle trucks!) Light, crispy, and soft. IW.

12 ct. / 3.17 oz. waffles #1811....\$19.99 | \$1.67 each





**Gogurt Simple Variety Pack** 16-Berry, 16-Strawberry yogurt tubes.

No high fructose corn syrup. Ships frozen. **GF** 32/2.25 oz. tubes #2992....\$13.99

Products show a fresh use-by date on the packaging. Because we ship them frozen, this date is extended by 365 days. Once thawed and refrigerated, they have 75 days UNOPENED; 5-7 days after opening.



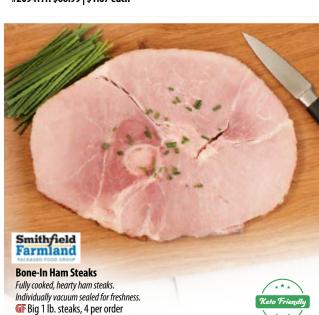






Product is frozen before shipping which extends its shelf life for 6-9 months beyond the printed use or freeze by date.





#5659....\$25.99

# MAKE IT A MEAL!

#### Pair these flavorful fillets with homestyle sides for an easy meal any night of the week!



#3467 Asparagus Spears, 2.5 lb. bag....\$15.99 See pg. 24.



**Creamed Corn with Bacon** Sweet corn, butter, and cream mixed with smoky uncured bacon and spices. 4 lb. bag #3451....\$18.99



#3200 Beehive Rolls, 18 ct....\$10.99 See pg. 32.



**All-Natural Peppered Bacon Wrapped Pork Fillets** 

Pork tenderloin fillets (approx. 1/3 lb. each) wrapped in flavorful

peppered bacon. Delicious on the grill, baked, or pan-fried.

Buy 16 packs and save 31% at alisonspantry.com.

GF 3/approx. 6-7 oz. fillets

#2681....\$9.99







# 

# MAKE IT A MEAL!

Boneless, skinless chicken breasts are a great start to dinner plans. Just choose the seasoning that suits your mood!

See pgs. 35-36 for our full spice selection.



#1017 Fabulous Fajita Seasoning, 1 lb. bag...\$8.99



#1022 Leah's Lemon Pepper, 1 lb. bag...\$9.99



#7746 Montreal Chicken Seasoning, 1 lb. bag...\$8.99











#### **Uncooked Golden Crispy Breast Filets**

Whole-muscle breast filets with a golden breading made of fine flour and bread crumbs, perfect as an entree with sides, or on a bun for a sandwich. No antibiotics ever. 32 filets. 5 oz. filets / 2/5 lb. bags #**2882.... Reg. <del>\$43.99</del> | SALE \$33.99** 



"I used these for a dinner with my extended family. We fed 19 people chicken sandwiches, some with BBQ sauce, others with mayo. Bacon would be a delicious addition to this sandwich. We liked the shape of these as opposed to a flat circular patty. These made a delicious out of the ordinary meal that was a refreshing change."

Amber Pike, Panaca, NV











#### **Chicken Corn Dogs**

#2620....\$24.99

Just like the carnival favorite! Plump and juicy chicken frank dipped in our honey crunchy batter. 60 ct. / 2.92 oz.

#3248...\$38.49



#### **Chicken Mini Corn Dogs**

Mini chicken franks wrapped in honey crunch batter. 120/.67 oz., 5 lb. bag #1581...\$25.99



Fully-cooked, hearty portions of grilled skewered chicken breast with Mediterranean seasoning.

**₲** 6 ct. box

#3162....\$11.99

Just \$2.00 each!

**GF** 18/2.5 oz. skewers #1801....\$43.99







#### 100% All Natural Chicken Breast

High-quality, all-natural boneless, skinless chicken breasts. Minimally processed with no artificial ingredients. Hand-trimmed; consistently sized. 32 filets. **GF** 5.5 oz. filets / 2 / 5 lb. bags **#2883....\$52.99** | **New Lower Price!** 







**Crispy Chicken Breast Strips** *All-white meat chicken in a crunchy golden batter.* Raised with no antibiotics ever. No fillers, no added hormones or steroids. About 8 servings/bag. 1.5 lb. bag #**1130....\$12.99** 









#### **Homestyle Breaded Chicken Tenderloins**

Raw. Fry or bake. Tenderloins carefully cut from the juiciest part of the breast; marinated to keep them extra moist and flavorful. 2-3 oz. size. 2/5 lb. bags, 10 lb. case #6219...\$55.99



#### **Boneless Zings Chicken Breast Chunks**

Spicy boneless breaded breast chunks, fully cooked. Made from premium solid-muscle breast meat. 5 lb. bag

#6588 .... \$31.99



#### **Boneless Dings Chicken Breast Chunks**

Marinated, breaded fully cooked boneless chicken breast chunks. 5 lb. bag

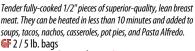
#6587....\$31.99



# MAKE IT A MEAL!

We LOVE the versatility of our fully-cooked diced chicken breast pieces! Try pairing them with any of these products for a meal in minutes.





#2546....Reg. \$65.99 | SALE \$53.99







#2885 Three Cheese Cavatappi, 4 lb. bag...\$20.99 See pg. 30.



#2069 Fajita Blend Vegetables, 4 lb. bag....\$11.99 See pg. 25.



#6695 Vegetable Fried Rice, 3 lb. bag...\$15.49 See pg. 21.





#### **Zesty Orange Sauce** The sweet tang of citrus complemented by garlic, soy, toasted sesame and ginger. 0.5 gallon jug #2989....\$19.99



MINOR'S **Sweet & Sour Sauce** Sweet, tangy sauce with

chunks of pineapple, diced tomatoes, green peppers and onions.

GF 0.5 gallon jug #1265....\$14.99



**Tempura Chicken Breast Nuggets** Made with 100% breast meat with crispy tempura batter. Par-fried. Fry or bake. 2/5 lb. bags, 10 lb. case #6838...\$44.99

#### KIRKLAND

#### **Boneless, Skinless Chicken Tenderloins**

Chicken hatched, raised and harvested in the USA with no antibiotics ever. Ice-glazed to seal in freshness and flavor. **GF** 6 lb. bag

#2945....\$30.99







XEN ZEN

"These are so tasty and tender.
I love that I can pull them out of
the freezer in the morning and
leave in fridge to thaw; ready to
grill up perfectly for dinner. They
pair nicely with the UpSides
Exotic Grains & Fire-Roasted
Vegetables (#1690). You can
use that as a side or slice the
steak and have them together
for a healthy lunch bowl."

Shana Loveday, Caliente, NV



#### Certified Hereford Choice Flat Iron Steaks

Naturally flavorful beef from premium breeding.

GF 6/8 oz. steaks

#1554....Reg. <del>\$46.99</del> SALE \$34.99





# FLAVORFUL • TENDER

Our beef is raised and processed in the U.S.A.

# JUICY

#3146....\$13.99









#2103....\$13.99





GF 2/8-9 oz. fillets

#2558....\$18.99





# HÖLTEN

# Country Fried Steak Raw and breaded. Deep fry for best

results. IQF to guarantee freshness. 40/4 oz. steaks, 10 lb. case #4613....\$77.99 | \$1.95 each

#### \*\*\*\*

"Every time I make these my husband is so happy. I always make a few extra so he can take chicken fried steak sandwiches in his lunch. He loves these in the winter for a hearty lunch."

Bobbi Stuck, Pine Haven, WY

# MAKE IT A MEAL!

Cook up a restaurant-style Country Fried Steak meal with mashed potatoes and creamy gravy!



#3145 Simplot Farmhouse Roasted Garlic Redskin Mashed Potatoes, 4 lb. bag...\$14.99 See pg. 26.



#1255 Custom Culinary Country Gravy Mix, 12 oz. bag...\$9.99 See pg. 46.



#6381 Flav-R-Pac Brussels Sprouts, 2 lb. bag...\$6.99 See pg. 25.



#### **Quarter-Pound All Beef Franks**

6" all beef franks. 100% Kosher beef. No fillers, by-products, artificial flavors, or colors.

6F 5 lb. pouch/20 franks

#2765....\$34.99 \$1.75 each







#### **Certified Angus Beef Franks**

Fun Fact: These Franks are served at the stadium of one of our favorite college teams! • Naturally Hardwood Hickory Smoked • Uncured with No Added Nitrites or Nitrates • No Binders or Fillers • Skinless and Reduced Sodium • Allergen, Gluten, & MSG Free GF 5 lb. bag / 25 franks #2955...\$37.99





#### **Brisket Burnt End-Infused Beef & Pork Links**

Naturally hardwood smoked uncured beef and pork sausage, infused with smoked brisket burnt ends for a uniquely delicious upgrade to a basic hot dog. Minimally processed; no fillers, no artificial ingredients. No nitrites or nitrates. 10 franks.

GF 2 lb. pack

#2950....\$14.99 | \$1.50 each





#### White Hamburger Bun Dough

Proof and bake these preportioned dough pieces to craft fluffy homemade hamburger buns or signature sandwich rolls. 84 ct. case

#3095....\$34.99 | .42 each







100% Beef Hamburger Patties 75/25 lean to fat ratio, with no soy, fillers, additives, or MSG. 100% pure ground beef. GF 24 / 4 oz. / 6 lb. case #1075....\$26.99 | \$1.12 each!



& Bacon Stuffed Beef Patties
Stuffed with pieces of smoky bacon
and shredded Cheddar cheese.

6F 6 patties/2 lb. box
#8377....\$13.99 | \$2.33 each







#### **Cod Fillets, Skinless**

Mild tasting, wild-caught cod fillets. Individually wrapped in cellophane. GF 5 lb. box

#8026....\$58.99







#### Wild-Caught Alaskan Sockeye Salmon Portions

Skin-on. Individually vacuum sealed. Product of USA.

**GF** 4/6 oz. portions #2239....\$25.99



### Mike's Hot Honey

100% pure wildflower honey from American bees infused with chilies to make an incomparable condiment. Add sweet heat to smoked meats, fried chicken and wings, sauces, baked beans, veggies, and more. It was originally crafted by a pizzeria for drizzling over pizza then sold by the bottle when it became so popular!

GF 12 oz. bottle

#3087....\$11.99



# MIKE'S HOT HONEY GLAZED SALMON

1 C. BBF Coconut Aminos (#3503) or soy sauce

1/4 C. Mike's Hot Honey (#3087)

2 Tbsp. lemon juice

Whisk coconut aminos, Mike's Hot Honey, lemon juice, ginger, and garlic together until honey dissolves. Place salmon fillets, skin-side up, in marinade. Allow to marinate for at least 10 minutes, preferably for 30. Preheat broiler to high. Remove salmon from marinade and transfer to a sheet pan lined with parchment paper. Put the salmon under the broiler skin-side down, and broil without turning until exterior is well-caramelized and the fish is just cooked through, 7-10 minutes, depending on thickness and the distance from broiler.





100% Pacific, full-muscle halibut (not minced), lightly battered in Hefe beer batter. Quick-frozen to lock in freshness and flavor.

2.5 lb. bag #2959....\$56.99 | New Lower Price!











Shrimp, Peeled & Deveined White shrimp sourced from Indonesia and Vietnam. 26/30 ct. Tail-off. Raw. GF 2 lb. bag

#1545...\$19.99







Mrs. Friday's most popular breaded shrimp! Jumbo, premium quality, 100% natural shrimp, hand-coated in light and crispy Japanese Panko breadcrumbs. Known for its superior flavor, texture, and size. U15. 2.5 lb. box

#1061....\$31.99



Premium, peeled and deveined, tail-on shrimp coated with a shredded coconut breading for a unique crunch with just the right sweetness. 16/20 ct. 2.5 lb. box

#3013....\$33.99



Succulent, tail-off shrimp covered in Mrs. Friday's exclusive

honey butter biscuit batter for an irresistible flavor. Enjoy them with hot sauce in a wrap, on a salad, or as an entree.

#3289...\$23.99





#### **Buttermilk Breaded Popcorn Shrimp**

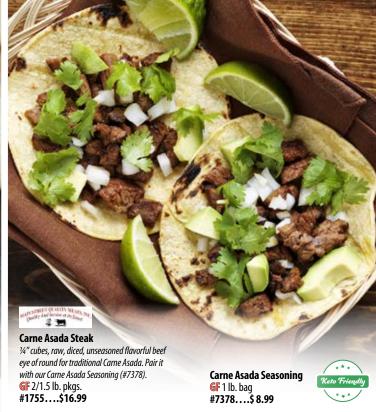
Select, round, tail-off, peeled shrimp coated in a unique, country buttermilk breading. Delicious with dips, on salads, or in crunchy shrimp tacos or wraps! Avg. 75 ct. shrimp/lb. Oven, deep fry, or air fry. 2.5 lb. box

#1062....\$20.99











#### **Beef Strips for Fajitas**

Tender strips of choice and select beef for juicy fajitas. Raw, unseasoned.

**GF** 3 lb. bag **#2604...\$22.99** 

#### Fajita Blend

Onion strips, with red, green and yellow bell pepper strips.

GF 4 lb. bag

#2069.....\$11.99









#### Bean & Cheese Burritos, IW

Creamy pinto beans, cheese, and mild diced jalapeños in a baked flour tortilla. 24/5 oz. case

#2245....\$25.99



#### Beef & Bean Burritos, IW

Ground beef and pinto beans seasoned with chili peppers and spices in a flour tortilla. 24/5 oz. case

#2246...\$25.99





#### **Chicken Thigh Carnitas**

Fully cooked, fire-braised, tender roasted chicken thigh carnitas. Very versatile! Enjoy in burritos, tacos, quesadillas, and salads.

GF 5 lb. bag

#3209....\$31.99





# **Back by popular demand!** MEXICAN | FROZEN

#### Raspberry Cheesecake Bites

ELMONTEREY

Sweet and creamy cheesecake paired with raspberry topping in an oven-baked and battered flour tortilla. 24 bites per box. 4/6 ct. bags / 2 oz. bites #8850...\$26.99

Soft, homestyle flour tortillas. Ship frozen. One-year shelf-life.



**Tornados'** unique twist on flavor and texture make it an instant sensation. Dipped in flavorful batters and fried to golden perfection. Every bite of a Tornado is packed with flavor. 24/3 oz. case

- ♦ Ranchero Beef Steak & Cheese Our Ranchero red sauce, shredded steak and real cheese. #2928.... \$29.99
- ♦ Sausage, Egg & Cheese Breakfast basics with a kick of salsa. #2926 ....\$29.99
- ♦ French Toast & Sausage Maple sweetness and savory sausage. #3105....\$31.99

#5353.....\$8.99



#1874 Shredded Chicken

Homestyle Flour Tortillas, 8"

#2962....\$39.99 | .28 each

12/12 ct. packs





#### Cilantro Lime Rice & Fire-Roasted Corn Fiesta

Take this blend of brown rice, black beans, fire-roasted corn, poblanos, tomatoes, onions and a savory cilantro lime seasoning from pan to plate in less than 10 minutes! 3 g. Fiber; 5 g. protein.

**GF** 2.5 lb. bag #2761....\$11.99





#### Flame-Roasted Sweet Corn and Jalapeño Blend

Perfectly flame-roasted sweet corn with white corn and a blend of jalapeño, green onion, garlic, cilantro and seasoning. **GF** 2.5 lb. bag

#1984...\$10.99



#### Homestyle Meatballs

Oven-baked IQF meatballs made from premium beef and pork, and imported Pecorino Romano cheese. Approx. 52 1/2 oz. meatballs per bag. 26 oz. bag

#8963....\$9.99

#### **Italian Style Meatballs**

Savory 1/2 oz. beef blend meatballs, fully-cooked. Oven-baked, not fried. No MSG added. 52 oz. bag

#9142....\$16.99



Rosin.

MEATBALLS

"I love to make Swedish meatballs with these meatballs (#8963). I bake the meatballs and while they're cooking, I make the gravy. Then, when they're done, I toss them in the gravy and we eat it over rice. Such a quick, easy, and delicious meal that everyone loves!"

Brooke Heaton, Lyman, WY



Precooked; filled with Ricotta, imported Romano, Parmesan, Monterey Jack, mozzarella, and cheddar cheeses. Approx. 40 ravioli. 2.65 lb. bag

#3493....\$16.99



#### Stuffed Rigatoni with Cheese

Tender rigatoni pasta stuffed with creamy Ricotta and Romano cheeses. Boil from frozen.

2.5 lb. bag

#1431....\$12.99



#### Cheese Manicotti

Restaurant-quality enriched semolina pasta filled with the finest ricotta, Romano, and mozzarella cheeses and rolled into cylinders. 30 / approx. 2.75 oz. pieces. 5 lb. bag

#3059.... \$34.99



#### **Texas Toast with Cheese**

Chewy, buttery slices of garlic bread, topped with real Mozzarella, Provolone, and Parmesan. 8 slices. Bake and serve! 13.5 oz. box

#3349....\$5.99 | .75 per slice



#### Cooked Mini Cheese Ravioli

Tender ravioli filled with creamy ricotta, Romano cheese and parsley in a bite-sized piece. 24 oz. bag

#3245....\$8.99

#### **Beef Ravioli**

Tender freshly made pasta stuffed with a zesty beef filling. No MSG. Serves 5. 22 oz. bag

#8964....\$8.99



Boil for a traditional, softer bite or cook in a skillet for a crispy texture on the outside, with a soft, tender center. #2754....\$11.99



Small pasta rings stuffed with a rich Ricotta cheese blend. 5 lb. bag

#1815....\$24.99

#### Delorio S.

#### Pizza Dough Balls

Thaw overnight, then roll into pizza crusts, breadsticks, and calzones. Homemade flavor. IW 16 oz. / 10 ct. case

#2377....\$25.99

#### CREMINELLI **Uncured Sliced Pepperoni**

Made from all-natural pork, raised with no antibiotics ever. No nitrate or nitrite added except for those naturally occurring in sea salt and celery powder. **GF** 2.5 lb. bag

#2881....\$26.99



#### **Blount Cheese Sauces**

Rich, creamy heat-and-serve cheese sauces to pour over vegetables or pasta. 4 lb. baq....\$18.99

#### ♦ #3447 Yellow Cheese Sauce:

Decadent sauce made of sharp cheddar and Asiago cheeses.

#### ♦ #3446 White Cheese Sauce:

Flavorful blend of cheddar, Monterey jack, and white cheddar cheeses.



#### **CAULIP**WER

#### **Cauliflower Pizza Crusts**

Cauliflower is the first ingredient! Less than half the sugar of leading gluten-free pizzas, and packed with protein, fiber, and nutrients.

#1546 2/10" crusts (12 oz. pack)...\$10.99

#1547 12/10" crusts (72 oz. pack)....\$35.99





#### **Grated Parmesan Cheese**

The sweet, mellow, nutty flavor of this perfectly mature cheese makes it a Sartori favorite. F 7 oz. bag

#2599....\$5.49

#### **Shaved Parmesan Cheese**

Flavorful, shaved slices of Parmesan for the true cheese lover! Add to salads, pasta, or charcuterie boards. F 7 oz. bag

#2886....\$5.49







Simply heat and serve.

#6695 .... \$15.49

3 lb. bag

#### **Vegetable Egg Rolls**

Cabbage, bok choy, water chestnuts, carrots and celery. 12/3 oz. box #4078....\$13.99

Pork & Vegetable Egg Rolls 12/3 oz. box #4082....\$13.99









#### Chicken Rice Bowl with Teriyaki Sauce

Grilled white meat chicken with broccoli, carrots, edamame, and red bell peppers on a bed of white rice with teriyaki sauce. Microwave. 6 / 12.5 oz. bowls

#1718.... \$26.99 | \$4.50 each



#### **Tempura Chicken with Sweet & Sour Sauce**

4 (2 lb.) bags of chicken breast meat, cut, marinated, coated in a tempura batter and fully cooked. Paired with 4 (1 lb.) bags of restaurantquality sweet & sour sauce. Og Trans Fat. No MSG. 12 lb. case

#2939....\$57.99

5 lb. bag

#3133....\$16.99



#### General Tso's Chicken

Our signature lightly battered chicken with a sweet sauce and a hint of heat. 22 oz. bag

#2551....\$9.99



#### **Kung Pao Chicken**

Succulent chicken with peanuts, and vegetables in a spicy sauce. Just heat and eat! 23 oz. bag

#2552....\$9.99

40 oz. bag

#3217....\$18.99



#### **BBQ Teriyaki Chicken**

Marinated and barbecued chicken with an authentic teriyaki sauce. No MSG. Frozen.

21 oz. bag

30 / 1 oz. bag

#6694...\$19.99

#1377....\$9.99



Premium, foodservice case for families who LOVE orange chicken! Contains (4) 2 pound bags of fully cooked tempura-breaded, whole-muscle chicken & (4) 1 pound bags of orange sauce. No MSG. Fry or bake. 12 lb. case

#2547....\$57.99



#### **All Natural Chicken and Vegetable Potstickers**

Savory chicken and vegetable filling in tender dumplings. Ready in 10 minutes. Frozen. 4.2 lb. bag

#4767....\$20.99





of cream cheese and crabmeat. Deep fry or bake.

# Last month to order soups!



Rich and comforting, this home-style favorite is made with chicken breast, savory stock, fresh vegetables, tender egg noodles and aromatic herbs. Approx. 7 svgs.

4 lb. bag

#2760....\$17.99 | Just \$2.57 per bowl!



Cheddar Baked Potato Soup with Ham

Hearty homestyle soup with chunky russet potatoes, diced celery, sweet onions and finely diced ham in a rich, creamy broth with blended cheddar and American cheeses. Heat and serve.

#3380....\$12.99



#### Zuppa Toscana Soup

Ivar's "Soup of Tuscany" is made with Italian sausage, russet potatoes and kale in a creamy base with chicken stock. Approx. 7 svgs. GF 4 lb. bag #2324...\$20.99



#### **Chicken Coconut Curry Soup**

#3412....\$19.99 | \$2.86 per bowl

Enticing broth of red curry, coconut milk, lemongrass, ginger, garlic, and Thai basil, along with chicken pieces, carrots, red bell peppers, celery, and bamboo shoots. Approx. 8 svgs. 4 lb. bag

#2323...\$19.99 Just \$2.86 per bowl!





#### **Baked Potato with Bacon Soup Twin-Pack**

Creamy, hearty soup with all of the flavor of a delicious baked potato loaded with all the best fixins. 2/4 lb. bags

#3436....\$32.99





#### Chicken Tortilla Soup Twin-Pack

Flavorful soup made with tender chicken, roasted corn, diced tomatoes, Monterey Jack cheese, jalapeno peppers and thickened with tortilla chips. GF 2/4 lb. bags

#3437....\$35.99





#### **Beef & Barley Soup** Twin-Pack

Angus beef and pearled barley simmered with mushrooms in a flavorful beef stock with vegetables and herbs. Dairy free. 8 svgs. per bag. 2/4 lb. bags

#3438....\$38.99





#### Maine Lobster Bisque Soup

A perfect blend of minced sweet lobster meat simmered in rich cream and sherry. Heat and serve. 4 lb. bag / 8 svgs.

#9166....\$19.99



#### Chopped broccoli, shredded carrots and select seasonings

simmered in a velvety smooth cheese sauce. Boil in bag. 4 lb. bag / 8 svgs.

#9245....\$17.99





#### New England Extreme Clam Chowder Soup

Authentic New England Clam Chowder made with an extreme amount of clam meat. 8 svqs. heat and serve.

GF 4 lb. bag #9167....\$22.49 Just \$2.81 per bowl!





Convenient tubs perfect for a meal for two or three! Made with all of the same quality ingredients we expect from Blount—real, sweet cream, quality meat and seafood, and fresh vegetables.



#### **Broccoli Cheddar Soup**

Everyone's favorite soup made with generous pieces of broccoli, creamy sharp Cheddar cheese and a touch of spice. 3.5 svqs. 30 oz. tub

#3212...\$11.99

30 oz. tub

#3213....\$13.99





#### **Clam Shack New England Clam Chowder**

This authentic New England clam chowder is thick and rich, made with sweet cream and flavorful clam broth, loaded with chunks of clams. potatoes, and spices! 3.5 svgs. 30 oz. tub



#### **Uncle Teddy's** Tailgate Chili

Classic chili full of hearty chunks of beef, mixed beans, and bell peppers, all simmered in a flavorful blend of tomatoes and spices. Served at Utah ski resorts! 30 oz. tub #3369....\$15.99



#### Smoked Gouda Macaroni & Cheese

Shell pasta in a decadent mixture of creamy cheeses including smoked Gouda. 3.5 svgs. 30 oz. tub

#1208....\$11.99





**Noodle Soup** Homestyle herbed chicken broth loaded with white meat chicken, carrots, celery and pasta. 3.5 svgs.

#3211....\$12.99









#### Connecticut Cottage Chicken Noodle Soup Mix

A home-style medley of colorful peas, carrots and corn that are delicately seasoned with dill. Combined with gluten free corn pasta, this delightful 30 minute soup is a family favorite. 8 svgs. **GF** 4.25 oz. bag #2753....\$7.99



#### Arizona Sunset **Enchilada Soup Mix**

Bold southwestern flavor featuring dehydrated white beans, diced peppers and sweet potato, and warm chili seasonings. Add chicken and salsa verde for an authentic Mexican meal. 8 svgs. **GF** 5.75 oz. bag



#### South of the Border Tortilla Soup Mix

Serves 5.

GF 5 oz. bag

#2297....\$7.99

Zesty Mexican spices, quick cooking dehydrated black beans, peppers and sweet corn. Just add chicken, salsa and tortilla chips for dinner in 30 minutes. Top seller and award-winner. Serves 9.

**GF** 4.5 oz. bag #2295....\$7.99



#### **Rocky Mountain Trail Loaded Potato Soup Hearty Meal Mix**

Perfectly seasoned creamy and indulgent loaded potato soup, with all the savory goodness and velvety richness of your favorite comfort food. Add bacon, broth. one potato, and cream. Cooks in 1 hour. Serves 8.

GF 8 oz. bag #2301....\$8.99



#### **Thai Wai Coconut Curry** Soup Mix

#2484....\$7.99

Named after the traditional Thai 'wai' greeting, this luscious yellow curry-style soup emanates authentic Thai flavor. The curry spices and velvety coconut texture marry perfectly, and we added just a tiny kick of mild. sweet-heat. Package has clear directions and requires minimal ingredients to prepare in just 40 minutes. 9 svqs.

**GF** 6.5 oz. bag #3394....\$7.99



#### **Kentucky Homestead** Chicken & Rice Soup Mix

Thick and hearty classic with poultry herbs for delicious flavor. In only 30 minutes this cozy, home-style meal is ready for the whole family to enjoy. Serves 7. **GF** 4.25 oz. bag

#2296....\$7.99



#### Illinois Prairie Corn Chowder Hearty Meal Mix

Creamy deliaht bursting with bright yellow and super sweet corn (non GMO), red peppers and rice. Combine with diced potato and cream to make this top selling and versatile soup the talk of the table. Award winner! Serves 11.

GF 7 oz. bag #2302....\$8.99



#### **Colorado Campfire Chicken** Stew Hearty Meal Mix

Blend of peas, carrots, potatoes and white beans with just the right seasoning. Thick and rich enough for a chicken pot pie filling, or add -2 cups of broth for a thinner soup to feed up to 10. Add chicken and you'll see why this hearty stew is a top seller. No added salt or artificial anything. Serves 8.

GF 7 oz. bag #2298....\$8.99



#### PanSaver'

#### Slow Cooker Liners

Fits 3-6.5 qt. round or oval slow cookers. 6-4 ct. Boxes; 24 liners

#1089....\$21.99 | .92 each



#### T Marzetti

#### Frozen Homestyle **Eaa Noodles**

America's favorite brand! Thick and hearty. 3 lb. bag #1407 .... \$12.99



#### **Ouick-Start** Vegetarian Chili

Hearty, saucy red bean chili that's delicious with just the addition of water or customize it with ground beef, turkey, or brisket. Ready in 17 minutes! Yield: 25 svgs. 20.8 oz. bag

#4753....\$11.99

Compare to \$22.95 per bag on Amazon!



Whisk Bliss is a unique universal, just-add-water "white-sauce" base that creates quick, healthy, and delicious sauces, soups, gravies, mixes, and more. Whisk Bliss tastes amazing and there are 0 trans fats, 0 saturated fats, 0 hydrogenated oils, and 0 MSG with 1/4 the calories compared to a scratch white sauce!

#### Use it for:

- A healthier substitute for condensed soup
- · Quick & easy Alfredo sauce or sausage gravy
- · Base for pot pie filling or broccoli or potato soups
- Rich and creamy mac & cheese that's healthier and just as speedy as using a box!





#### SHIRLEY

#### **Whisk Bliss Universal Cooking Base**

Quick, rich, healthy, and versatile; use Whisk Bliss in place of any cream sauce components in your favorite recipes. 32 oz. bag

#3329....\$19.99













Try riced cauliflower as low-carb fried rice!



Born in 1924, the Flav-R-Pac brand has become the quality standard for frozen vegetables.

#2743....Řeg. <del>\$14.99</del>

**SALE \$10.49 | SAVE 30%!** 

Our produce goes from harvest through processing and freezing all in just hours, locking in peak ripeness and nutrients.

Flav-R-Pac veggies are: Grade A · Non-GMO · Top restaurant-quality



#### FLAV-R-PAC

#### 5-Way Mixed Vegetables

Blend of carrots, corn, peas, green beans and lima beans. **GF** 2.5 lb. bag

#1493.....\$6.99





#4664.....\$6.99



**Super Sweet Whole Kernel Corn** Picked at the peak of freshness then flash frozen to lock in sweet flavor, color, and texture. **GF** 2.5 lb. bag

#1090....\$6.49



Colorful blend of sweet corn, carrots, and green beans. GF 4 lb. bag

#1055....\$10.99







**Cauliflower Florets** 

GF 2 lb. bag #6383....\$6.99



















#### FLAV-R-PAC

**Broccoli Florets GF** 2 lb. bag **#8197**......\$6.49

#1346....\$12.99



#### \*\*\*\*

"This is the best broccoli ever! My whole family loves it and I love that it's only the florets. It steams perfectly and tastes so good. It's the only broccoli I'll buy anymore."

Danielle Pelton, Cheyenne Wells, CO



#### FLAV-R-PAC

#### Fajita Blend

Onion strips, with red, green and yellow bell pepper strips. **GF** 4 lb. bag

#2069..... \$11.99



#### \*\*\*\*

"I never seem to use peppers fast enough before they are spoiling. These are the perfect solution! Always have fresh peppers and onions on hand to make the best fajitas. I have a new Blackstone grill and these cooked up so good on the grill."

> Breanne Nilhas, Hill City, KS











Omelet Blend
Blend of diced red and green peppers & onions.

§ 2 lb. bag
#3216....\$6.99







#### Broccoli and cauliflower florets, with julienne orange and yellow

carrots in a sauce of butter, roasted garlic, salt and pepper. **GF** 2 lb. bag

#7791.....\$8.99







#### Roasted Mediterranean Vegetable Blend

This blend of flame-roasted yellow and green zucchini, onions and bell peppers with carrots and green beans is seasoned with olive oil and a savory Mediterranean seasoning. Great as a side or in soups or lasagna.

**GF** 2.5 lb. bag **#2242....\$11.99** 



#### Simplet

#### **Exotic Grains & Fire Roasted Vegetable Blend**

Red & brown rice, black beans, roasted sweet corn, red quinoa, tomato, peppers, onion, and amaranth, and southwestern seasoning.

GF 2.5 lb. baq

#1690....\$14.99



Brussels Sprouts **GF** 2 lb. bag **#6381.....\$6.99** 







Golden Hash
Brown Patties
Approx. 120 patties
GF 6/2.8 lb. bags
#2429....\$55.99







Golden Fry 1/4"
Shoestring French Fries
6/4.5 lb. bags
#3339.... \$41.99

SMALLER PACK
Golden Fry 1/4"
Shoestring French Fries
4.5 lb. bag
#3340....\$9.99





Redstone Canyon Spiral Cut Fries Light seasoned batter coating. Bake, or fry. CN labeled. 4 lb. bag #2419....\$13.99



Crispy Bakeable Seasoned Skin-On Potato Wedges
Skin-on potato wedges coated in a seasoned red batter to deliver
crisp texture and more flavor with lower sodium.

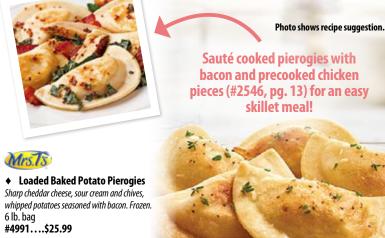
F 5 lb. baq

#2672....\$16.99

otato Wedges
It batter to deliver
Skin-on, ready to cook criss-cut potatoes. Frozen. Bake or fry.
2.5 lb. bag
#2416....\$15.99









#### **Farmhouse Roasted Garlic Redskin Mashed Potatoes**

Roasted redskin potatoes mashed with real milk and cream, and flavored with roasted garlic.

4 lb. bag

#3145....\$14.99



 Potato & Cheddar Cheese Pierogies Tender pasta dumplings filled with a creamy blend

of mashed potatoes and Cheddar cheese. Boil, pan

fry, oven bake, deep fry or steam.

6 lb. bag

#5621....\$22.99

#### LambWeston

#### **Redskin Salad Dices**

5/8" cubed potatoes. GF 6 lb. bag

#2028...\$19.99



SIDES | FROZEN

#### Roasted Redskin Potatoes & Jalapeño Blend

Perfectly roasted potatoes with the mellow heat of jalapeño peppers and flame-roasted poblano and bell peppers.

**GF** 2.5 lb. bag

#2838....\$11.99



#### Roasted Redskins with Rosemary Seasoning

Red potatoes lightly seasoned a blend of rosemary, garlic, and onion flavors.

**GF** 2.5 lb. bag

#2068....\$8.99



#### Simplot

#### RoastWorks Baby Baker Halves with Parmesan and Herbs

Fresh roasted potato flavor in a miniature size, seasoned to perfection with herbs and parmesan.

**GF** 2.5 lb. bag

#1985...\$11.99





#### Harvest Splendor 3/8" Sweet Potato Fries

Coated Sweet Potato Fries, Grade A. Bake or fry. 2.5 lb bag

#3420....\$10.99

Save 18% when you buy by the case of 6 at alisonspantry.com.







Mixed Berries, Whole
Strawberries, red raspberries, blackberries, and blueberries.

F 5 lb. bag
#1223....\$27.99

Studies show that 8 out of 10 people aren't eating enough fruit.

Want fresh? Buy frozen. Frozen fruit is always in season!

It's picked at the peak of freshness to lock in sweet flavor and nutrition.



#### **Tropical Berry & Coconut Blend**

Vibrant, juicy mango and pineapple chunks, strawberries, and coconut chunks. Delicious in smoothies!

GF 3 lb. baq

#**2658....\$13.99** 



#### **Mango Chunks**

#2655...\$11.99





#### Mango Berry & Wild Blueberry Blend

Mangoes, strawberries, and wild blueberries. **GF** 3 lb. bag

#9221....\$13.99



Dark Sweet and Red Tart Cherries GF 2 lb. bag #1217....\$12.99





Red Raspberries, Whole GF 5 lb. bag #1219....\$37.99





#### **Triple Berry Blend**

Sweet, colorful blend of blueberries, raspberries, and blackberries. **GF** 3 lb. bag

#1215....\$13.99





#### Pineapple Chunks

Picked at the peak of ripeness and quick-frozen to lock in both nutrients and flavor.

**GF** 5 lb. bag **#2922....\$16.99** 













#### **Trop-Cal Fruit Blend**

Colorful, sweet mango, freestone peaches, pineapple, and strawberries. No sugar added.

GF 5 lb. bag

#3034....\$15.99





#### **Chef-Ready Diced Strawberries** Premium-quality sweet strawberries,

perfect for fruit salsas, drinks, and jams. GF 5 lb. bag | NEW PACK SIZE! #3497....\$21.99







Less sugar, more healthy fats! Easy ways to make your meals more nourishing.

#### **Naturally Refined** Organic Coconut Oil

Use small amounts of coconut oil to thin chocolate for dipping. **₲** 28 oz. jar #8287....\$9.99



**Naturally Refined** Avocado Oil **GF** 1000 ml/33.8 oz. bottle #3516.... \$17.99



#### **Organic Agave**

Proprietary blend of Agave Salmiana (White Agave) & Agave Tequiliana (Blue Agave) for the perfect lowglycemic index sweetener. Provides inulin (a pre-biotic fiber) and a high calcium content. GF 78 oz. bottle #3522....\$19.99





#### **PBfit Peanut Butter Powder**

1/3 the calories and 75% less fat. Non GMO and all-natural. Just peanuts, sugar, salt. **GF** 30 oz. jar

#3521....\$14.99



#### **Organic Chia Seeds**

High in protein, fiber, and more plantbased Omega-3 than any other food. GMO free.

GF 1.25 lb. container #8941....\$14.99



#### LIVfit ™ Superfood Blend

#3514....\$16.99

Fruits, vegetables, vegan proteins, prebiotics, and fiber shown to enhance muscle mass, increase energy, improve cognitive function, encourage digestive health, boost the immune system and fight off aging oxidation of cells in your body. Contains green tea · 100% B6, B12, thiamin, riboflavin · 5 q of vegan protein GF 12.7 oz. (360 gram) bag





#### **Monk Fruit Zero Calorie Sweetener**

100% Natural and low glycemic.











#### **Philly Cheesesteak Wrapped Sandwich**

The #1 selling philly sandwich in the USA! Made with 100% beef (no fillers) and American cheese, on pillow-soft bread. Microwaveable. 8 ct/2.75 lb box

#2070....\$25.99

Pepperoni Pizza Pepperoni pizza filling

wrapped in a garlic

buttery seasoned crust

for a handheld lunch.

4.5 oz. / 20 ct. box

#1282....\$26.99

\$1.35 each



#### **Barbeque Pulled Pork Sandwiches**

Succulent pulled pork with a sweet and tangy barbeque sauce on a soft, fresh bun. Individually wrapped. 16 g. protein. 8 ct. / 5.5 oz.

#3348...\$25.99



#### **Roast Beef Cheddar Melt Sandwiches**

Slow roasted beef with melted cheddar cheese on a soft bun. Individually wrapped. 19 g. protein/svg. 8 ct. / 6 oz.

#2779....\$25.99

family Kilchen

savory sauce. 3 svgs.

#3370....\$14.99

30 oz. pie









#### **Stuffed Cheese Bread Sticks** Fluffy mozzarella-cheese-filled breadsticks. 7"/24 ct.

#7771....\$26.99

Stuffed Pizza Sticks

Bread sticks loaded with real mozzarella cheese, tangy tomato sauce and pieces of pepperoni. 4"/32 ct.

#5795....\$19.99





#### Macaroni & Cheese Frozen Pouches

Microwave, or heat pouch in boiling water, then slice open and serve. 36/7 oz. pouches

#7881....\$69.99 | \$1.94 each



#### Three Cheese Cavatappi

Grown-up mac & cheese! Cavatappi pasta in a rich, creamy blend of Monterey Jack, Cheddar, and Romano Cheeses with sea salt, black & cayenne pepper, and a touch of nutmeg. 4 lb. bag











Nacho Cheese Cups Thick, kicky cheese sauce in convenient single-serve cups! 12 ct. / 4 oz. cups #3249....\$19.99







Diced and shredded potatoes and a blend of cheddar and mozzarella cheeses coated in a crispy golden breading. Bake or fry. 3 lb. bag

#2746....\$14.99





Breaded Cheddar Cheese Jalapeño Bites

Cheddar cheese and diced jalapeno in a golden breading. Oven bake or fry. 2 lb. bag

#3375....\$14.99



These sweet corn kernels coated in crispy batter are the perfect bite-sized snack.
2 lb. bag

#1274....\$10.99



#### Butter Breaded Mushrooms

Whole mushrooms coated with our premium batter to deliver an extra scrumptious crunch.
2.5 lb. bag
#1276... \$14.99



#### **Bakeable Breaded Mozzarella Sticks**

Natural, aged mozzarella in a home style breading accented with Italian spices. 2 lb. baq

#2683....\$16.99





# Poppers Cream Cheese Jalapeños in Crispy Breading Mild ialaneños stuffed with

Mild jalapeños stuffed with cream cheese and coated with a golden breading. 52 oz. box #2946....\$19.99







#### **Tuscan Mini Dinner Loaves**

Par-baked. Heat for 3-5 min. for a crisp crust. 24 / 4 oz. case

#8196.....\$19.99



"This was one of the first items I ordered on AP and has had a place in my freezer ever since! So good for sandwiches, bread for spinach dips, or garlic bread!"

Aleece Lovell, Lehi, UT





#### Bridgford

#### **Buttermilk Biscuits**

Fluffy, home style biscuits. Microwave to heat. IW 18/2.25 oz

#1321....\$10.49 | .58 each



4 lb. bag #2326 ... \$19.49







96/2.5 oz. pucks / 15 lb. case #8925....\$39.99

18 ct. / 45 oz. bag #3200....\$10.99



Parkerhouse Frozen Roll Dough

Easy dinner rolls, and a Monkey Bread staple!

240/1 oz. pucks #5965....\$34.99



Simple ingredients and a family recipe give this sourdough perfect chewy texture and authentic mild tangy flavor. 2/34 oz. loaves

#1612....\$13.99



#### Peanut Butter & Grape Jelly

Unclustables

Soft, crustless 51% wheat bread sandwiches filled with creamy peanut butter and sweet Smucker's ielly. IW 18/2.6 oz. box

**Grape Uncrustables** 48/2.6 oz. IW #3409....\$59.99 | \$1.25 each

48/2.6 oz. CASE #3410....\$59.99 | \$1.25 each



#### **Peanut Butter & Honey**

Sweet and smooth honey spread meets rich and nutty Smucker's® Peanut Butter in a crustless whole wheat sandwich. 2 oz. / 4 ct. box

#1437....\$6.99





#### Cox's Pure Clover Honey

Light, perfectly mild honey gathered from high-mountain clover flowers. No artificial flavors, colors, or fillers. GF

- ♦ #2956 32 oz. juq....\$13.99
- ♦ #2957 5 lb. juq....\$27.99

Jif Family Size Creamy Peanut Butter GF 4 lb. can #2913....\$13.99

#3119....\$23.99 | \$1.33 each

\*\*\*\*

"When you are trying to eat better and need a bit of protein to go with fruit or anything really, it's a great go-to item. Great taste and a staple at our house."

Althea Blackburn, Buffalo, WY





80 calories; 6 grams of protein. **GF** 1 oz. / 60 ct. bag

#4972...\$21.99 | .37 each



#### **Original Tangy Summer Sausage**

Select cuts of coarsely ground smoked and combined with signature spices for a flavorful per serving! No added MSG.

pork and beef, naturally hickory summer sausage. 10 g. protein Made in the USA!











common allergens. 2 lb. bag #3321....\$21.99





#### **All-Natural Cheddar Cheese Curds**

100% all-natural white cheddar cheese, direct from the Cheese Curd Capital of Wisconsin. Made from farm certified rBST free milk. Because of our unique proprietary process, Ellsworth Cheddar Cheese Curds retain more of their milky farmfresh squeak and taste and set the standard for freshness and flavor. Tip: Want more squeak? Simply microwave for a few seconds to restore their fresh from the creamery squeakiness!

#### **Natural White Cheddar Cheese Curds**

**GF** 16 oz. bag #2891....\$7.49

#### **Garlic Cheddar Cheese Curds**

100% all natural premium cheddar cheese curds with a mild roasted garlic seasoning. **GF** 16 oz. bag

#2892....\$7.49

#### **Natural White Cheddar Cheese Curds Snack Packs**

Our famous Curds packaged in a convenient 2 oz. single serving size. Gluten-free, sugar free, low carb and portable. **GF** 2 oz. / 24 ct. bags

#2893....\$23.99 | Just .99 each!





**GF** 2.5 lb. bag #1866....\$16.99



Fancy shredded blend of cheddar and Monterey Jack cheese.

**GF** 2.5 lb. resealable bag #1860....\$13.99



Tillamook

All meat and cheese products will ship frozen.

# CUISINE

#### Thaw-and-Serve Crepes 6"

Delicate 6" crepes, ready to thaw and serve with your favorite sweet or savory fillings.
25 ct.

#3368....\$17.99 .72 each



# Nutella Spread Velvety hazelnut spread. GF

homemade flavor. Frozen.

- ◆ #7338 26.5 oz. jar....\$11.99
- ♦ #1877 6.6 lb jar....\$32.99



# Old Fashioned Cinnamon Rolls w/ Icing Just proof, bake, and enjoy homemade flavor with these large preformed cinnamon rolls. Icing packet included! Proof & bake instructions on each bag.

#### Bridgford

#### **Cinnamon Monkey Bread**

Tender bite-sized pull-apart pieces of sweet bread coated in a sticky cinnamon glaze. Frozen. Ready to heat and eat! 16 oz.

#3508....\$5.99

#### White Flat Icing

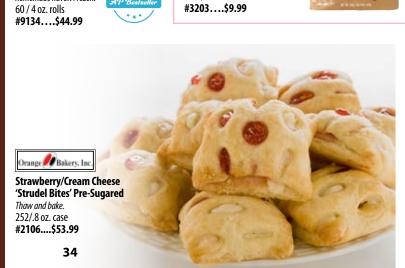
Professional, squeezable shelf-stable white icing for drizzling over turnovers, etc.. Dries solid and not sticky.

GF 2 lb. tube

#1910....\$6.99







6 ct. / 4 oz. rolls



♦ Cherry #1889....\$58.99

♦ Apple #1199....\$48.99









#### **Belgian Custard Mini Eclairs**

Chocolate Topped Belgian mini eclairs filled with a rich Bavarian custard cream. Frozen; thaw & serve. 50 ct. tub

#1351....\$16.99

#### Ghirardelli Double Chocolate Mini Eclairs

Our classic pastry shells filled with a blend of fresh whipped cream and Ghirardelli cocoa powder, then dipped in Ghirardelli dark chocolate. 20 ct. tub

#3098...\$8.99





# Delizza

#### **Chocolate Covered Cream Puffs**

Mini cream puffs filled with Bavarian custard cream and dipped in rich milk chocolate. 10.58 oz.

#3376....\$8.99



Sweet, cinnamon-y apple pie filling wrapped in a flaky wonton wrapper. Heat them with ease in the oven or air fryer. We love to sprinkle them with our Cinnamon Vanilla French Toast Sugar! 12 ct. / 2.3 oz. logs

#3290....\$12.99 | \$1.08 each



#### **Peanut Butter Crispy Bars**

Thaw-n-Serve. Not Pre-Cut. 4-1/4 sheet pans. Yields 16-2 x 2 bars per sheet, or 64 bars. #6917....\$40.99



#### **Gluten Free 4" Sugar Cookies**

The best GF cookies we've ever tasted! Their special recipe has homemade flavor and texture. Individually wrapped. Ships frozen. **GF** 4"/ 12 ct. box

#1481....\$21.99



#### **Montreal Steak Seasoning**

One of our bestselling spice blends! Coarse ground spice blend for all red meats. Try it on steak, hamburgers, meatloaf, and pot roasts.

#1023....Reg. <del>\$8.99</del> | Sale \$4.99 | SAVE \$4.00

"This is the best thing in our cupboard! It's wonderful on steaks but we also use it on potatoes and asparagus. It can be used on anything! If I could only have one spice bottle it would definitely be this one!"

Joni Chadwick, Mandan, ND



#### **Ultimate Onion Blend**

Flavorful blend of coarse dehydrated minced onions and red bell peppers. Use it as a rub on meats, sprinkled over veaetables, or stirred into recipes. Use in place of fresh onions in hamburgers, meatloaf, etc. GF 1 lb. bag

#4575....Reg. \$8.99 | Sale \$4.99 | SAVE \$4.00

"This onion blend is phenomenal. I use it in

almost all my cooking." Sean Brennan, Hudson, WY



#### Alison's Essential Season-All Blend

Soon to be the most-used seasoning in your kitchen, this coarse blend of salt, pepper, onion and garlic is the ideal upgrade for any meat or veggie. GF 1 lb. bag

#2478....Reg. \$7.99 | Sale \$4.49 | SAVE \$3.50

\*\*\*\*

"I am loving this seasoning blend. In my kitchen, these seasonings went on everything anyway, and it makes it simple to have them already mixed for me. Perfect on chicken, steak, and veggies."

April Pearson, Glasgow, MT

# Seasonings & Spices

#### OUR BULK SPICES MEAN BIG SAVINGS.

All spices sold in 1 lb. bags unless otherwise noted.

#### **MENU ESSENTIALS**

Ali's Essential Season-All Blend	#2478 Sale	<del>\$7.99</del> \$4.49
Applewood Seasoning Rub GF	#5990 Sale	<del>\$8.99</del> \$5.99
Bay Leaves, ½ lb. 6F	#1753	\$13.99
Celery, Diced, ½ lb. GF	#3232	\$10.99
Chili Powder, Mild 🔐	#1014	\$10.99
Cumin, Ground GF	#1442	\$10.99
Garlic and Herb Seasoning 🔐	#5408	\$8.99
Garlic Granules 6F	#1948	\$12.99
Garlic, Minced GF	#1020	\$12.99
Garlic Pepper 🔐	#1018	\$13.99
Garlic Powder 🔐	#1021 Sale	<del>\$13.99</del> \$7.99
Garlic Salt, Classic 🔐	#1019 Sale	<del>\$6.99</del> \$3.49
Garlic Supreme <b>GF</b>	#2592	\$11.99
Mustard Seed Powder GF	#1428	\$8.99

Onion, Chopped 🔐	#1026	\$9.99
Onion Salt, Classic Blend 6F	#1024	\$5.99
Onion Powder GF	#1027	\$8.49
Oregano, Mediterranean 🔐	#1445	\$13.99
Paprika, Mild <b>GF</b>	#1697	\$10.99
Parmesan Garlic Perfection	#2475	\$10.99
Parsley Flakes, ½ lb. GF	#1426	\$8.49
Pepper, Black, Table Grind GF	#1029	\$15.99
Pepper, Black, Coarse Grind GF	#1028	\$15.99
Peppercorns, Whole, Black GF	#1030	\$15.99
Seasoning Salt GF	#1033	\$6.99
Smoky Maple Herb Seasoning GF	#4576	\$7.99
Thyme, Cut & sifted, ½ lb. 🔐	#1444	\$6.99
Turmeric, Ground GF	#1832	\$8.99
Ultimate Onion Blend &F	#4575 Sale	<del>\$8.99</del> \$4.99



- #1146 Fine
- #1147 Coarse



Generously sprinkle this blend of garlic, oregano, basil, marjoram, and savory over pizza, salads, and breads or sprinkle into your homemade marinara. GF 1 lb. bag

#1432....Reg. \$9.99 | Sale \$5.99 | SAVE \$4.00

"This spice blend has perfect flavor; not too harsh! It's perfect for adding to homemade pizzas. I make a homemade crust when my grandkids come over and they add sauce with all the toppings by themselves! We always sprinkle lots of this seasoning on."

Alison Chuntz, AP Founder





Strong magnets stack this sturdy set of brushed stainless-steel spoons for easy storage. Each end features standard 1/8, 1/4, 1/2, 3/4, 1 teaspoon, 1/2 and 1 tablespoon; measure multiple wet or dry ingredients without having to wash in between scoops. Includes leveler.

#3341....\$14.99

## - MEAL MUSTS

Carne Asada Seasoning 🔐	#7378	\$8.99
Chili Seasoning Mix	#1015	\$7.99
Emma's Enchilada Seasoning 6F	#1016	\$6.99
Fabulous Fajita Seasoning 🔐	#1017	\$8.99
Italian 'n Pizza Seasoning <b>GF</b>	#1432 Sale	<del>\$9.99</del> \$5.99
Leah's Lemon Pepper 🔐	#1022	\$9.99
Montreal Chicken Seasoning @F	#7746	\$8.99
Montreal Steak Seasoning 6F	#1023 Sale	<del>\$8.99</del> \$4.99
Mushroom Soup & Stroganoff GF	#1672	\$10.99
Olé Taco Seasoning	#1037	\$7.99
Pit Boss Garlic Pepper Blend	#3122	\$11.99
Sloppy Joe Seasoning Mix GF	#1035 Sale	<del>\$7.99</del> \$4.49
Superb Spaghetti Seas. Mix 🔐	#1036	\$7.49
Sweet & Smoky Pub Sheet Pan Seasoning	#2477	\$9.99
Tuscan Herb Blend Seasoning 6F	#3628	\$9.99

## **DIPS & DRESSINGS**

DIPS & DKESSINGS			
Dilly Dill Dip Mix GF	#1421	\$12.99	
Guacamole Seasoning, ½ lb. 🔐	#2588	\$6.99	
Hearty Vegetable Dip Mix 🔐	#2217	\$10.99	
Italian Salad Dressing Seas. 6F	#1698	\$8.99	
Lip Smackin' Chipotle Ranch, ½ lb. GF	#2589	\$8.49	
Onion Soup & Dip 🔐	#1025 Sale	<del>\$8.49</del> \$5.49	
Popeye's Spinach Dip Mix 🔐	#1423	\$13.99	
Rosie's Ranch Buttermilk Salad Dressing Mix GF	#1032	\$8.99	
Salsa Seasoning <b>GF</b>	#1898	\$9.99	
Jaisa Jeasoning ar	#1030	l	

## - SPRINKLES FOR EVERY TABLE -

Cinnamon Vanilla French Toast Sugar <b>GF</b>	#1536	\$7.49
Everything Bagel Seasoning 6F	#1826 Sale	<del>\$9.49</del> \$4.99
French Fry Seasoning GF	#1441	\$6.99

## **BAKING SPICES**

Cinnamon, Ground Saigon GF	#3626	\$15.99
Cinnamon, Ground Korintje GF	#1005	\$14.99
Ginger, Ground GF	#1420	\$10.99
Orange Zest Granules, ¼ lb. GF	#1669	\$7.99
Zesty Lemon Zest, ¼ lb. 🔐	#1433	\$7.99





## **Pure Vanilla Powder**

Widely imitated but never surpassed, our pure vanilla powder is made from fully ripened, sun-cured Madagascar vanilla beans for true vanilla flavor in a dextrose (sugar) base. Never evaporates in baking and makes a fantastic condiment. Substitute 1-for-1 for extract.

4.5 oz. bottle

#3326....\$12.99





Use this blend of garlic, salt, poppy seeds, sesame seeds, and onion to top baked potatoes and salads, sprinkle on homemade breads and rolls, or top avocado toast. **6F** 1 lb. bag

#1826....Reg. \$9.49 | Sale \$4.99 | SAVE \$4.50

\*\*\*\*

"I put Alison's Everything Bagel Seasoning on everything! All my veggies, scrambled eggs, cream cheese on celery, fried potatoes.... Right now my obsession is fresh or frozen green beans, a little bit of olive oil, and the Everything Bagel Seasoning, then air fry for about 12-15 minutes at 360 degrees."

Jennifer Mitchell, Hemingford, NE



## Onion Soup & Dip Mix

We consider this versatile blend to be a pantry staple! Add this seasoning to meatloaf, stews, pot roast, French Onion Soup, or Creamy Onion Dip.

**GF** 1 lb. bag

#1025....Reg. \$8.49 | Sale \$5.49 | SAVE \$3.00

\*\*\*\*

"The Alison's Pantry Onion Soup & Dip is so much better than the boxed brand in the stores—more flavor and economical. We use it in so many dishes, it is a must have in the pantry."

Marqie Gianonatti, Tonopah, NV



## **Garlic Salt**

Packed fresh for AP orders, this pantry staple adds potent garlic flavor in a sprinkle.

F 1 lb. bag

#1019....Reg. \$6.99 | Sale \$3.49 | SAVE \$3.50

## Sloppy Joe Seasoning

Just add water and tomato paste to this tangy, sweet chili powder mix to turn ground beef into savory Sloppy Joes.

**GF** 1 lb. bag #1035....Reg. <del>\$7.99</del> Sale \$4.49 | SAVE \$3.50





## **Garlic Powder**

Made from fresh garlic cloves, dehydrated and ground into a fine powder. **GF** 1 lb. baq

#1021....Reg. \$13.99 | Sale \$7.99 | SAVE \$6.00

"Love this garlic powder! It's amazing to me what a difference in quality Alison's Pantry is compared to the others. I don't have to use near as much and the flavor is so much better."

Melissa Johnson, Voltaire, ND



"My husband loves the Applewood Rub. He rubs a brisket, ribs or a pork loin with it overnight then either grills or smokes them. Always turns out so good. This past Christmas he used it on a prime rib that he smoked and it was amazing. I have been told to always keep two bags of this in the pantry."

Margie Gianonatti, Tonopah, NV

## lehi mills

## **Buttermilk Pancake Mix**

Just add water to craft these fluffy. comforting buttermilk pancakes. They taste like a homemade. scratch recipe but only take minutes! 21 svas. 2 lb. bag

#3319....Rea. \$8.99 **SALE \$6.99 | SAVE 22%!** 

## **Conestoga Sweet Cream** Pancake & Waffle Mix

The touch of sweet cream in this professional mix makes these the best pancakes to grace the skillet. Just add water.

5 lb. bag #7435....\$15.99

lehi mills

tart flavor. Just add water!

2 lb. bag

**Blueberry Buttermilk Pancake Mix** We took our best-selling buttermilk pancake mix and combined it with all-natural blueberry nuggets, so each bite is bursting with sweet and







Founded in 1906, the Lehi Roller Mills started as a coalition of farmers milling their wheat together. George G. Robinson purchased the new mills in 1910, having learned milling from his father back in Delaware. The Robinson family used wheat from farmers in the surrounding area, converting that wheat into flour. Because of the agriculture focus of the region, the roller mills became a crucial part of the flour production industry. As the farming expanded, so did the mills.

The city of Lehi has grown around the roller mills. Most notably, the mills brought fame to Lehi when they were featured in the 1984 movie "Footloose," starring Kevin Bacon. The round silos painted with images from flour sacks became an icon of Lehi. Though the movie did not substantially increase business, tourists and movie buffs still visit for photos decades later. Locals were excited to see a part of small town Lehi, Utah represented in a major motion picture. Because of the significance they have had in Lehi's history, the roller mills were officially added to the National Register of Historic Places in 1994.

As Sherm Robinson, George's grandson who is currently at the helm of Lehi Mills, said in an interview with the Deseret News,

"I feel it's important for the community, and for my family, that we're still here. For me, it's personal. The mill, it has kind of a spirit to it, if you will. Kind of a glow. If you drive past around sunset, you can actually see it.

Excerpted from Intermountain Histories: The Lehi Roller Mills by Adam Weiss.







## **Mini Baking Cups**

Use for candy, mini muffins, nut cups, fudge, chocolates, crafts. 500 ct. sleeve

#2058.....\$12.99

## **Baking Cups**

White standard paper baking cups. 500 ct. sleeve

#1646.....\$10.99



## lehi mills

## Lemon Blueberry Scone Mix

Just add butter and water to this mix to make buttery, flaky scones with sweet dried blueberries and natural flavors. Yield: 32 svgs.

2 lb. bag #3364....\$8.99









Just add water and shortening Yield: 30 (2 1/2") cookies. 23 oz. bag | New Lower Prices!

A. #5243...Snickerdoodle....\$7.99

B. #5299...Ginger Molasses....\$8.99

C. #5244...Chocolate Crinkle...\$9.99





## KRUSTEAZ

## **Professional Buttermilk Biscuit Mix**

Commercial mix for tender, mildly sweet buttermilk biscuits. Yields 8 doz., 2" biscuits 5 lb. box

#2129...\$12.99



## KRUSTEAZ

#3099...\$8.99

## **Honey Cornbread Mix**

Made with real honey, fresh corn, and rich butter for sweet, tender cornbread that gets rave reviews. 5 lb. box

#3156....\$13.99



## **Raw Creamed Honey**

Smooth, creamy premium raw honey. Approx. 54 svgs. GF 40 oz. tub

#2564....\$16.99





## A. Commercial Cookie Sheet (Bun Pan)

Aluminum, 18" x 13" #4020....\$12.99

## \*\*\*\*

"I own several cookie sheets and I find myself rummaging through my stack to find this one every time!" Mary Rogers, Fernley, NV

## **B. Cover for Commercial Cookie Sheet** (fits #4020 only)

#3860....\$8.99

C. Quarter Size Sheet Pan Aluminum, 9" x 13"

#5957.....\$8.99

## D. Cover for Quarter Size Sheet Pan

(fits #5957 only) 9" x 13" #5958.....\$7.99

BAKER'S MARK

## E. Eighth Size Sheet Pan

Aluminum, 6.5" x 9.5" #2601....\$6.99

Cookie Sheets and Covers should be washed by hand.

## F. Cooling Rack

Stainless, fits commercial cookie sheet. 12" x 17"

#1145....\$6.99

## **G. Silicone Baking Mat**

Reusable, nonstick silicone mat fits in our Commercial Cookie Sheet (#4020) and prevents sticking and burning of your baked goods. 16.5"x 11.75". Withstands up to 600°.

#8436.....\$15.99

# I. Cookie Scoop

Measure consistent scoops of dough for perfectly portioned cookies every time. #3838....\$8.99

## J. Flexible Cutting Mats, 6 pk 6 ct. 15" x 12"

#3840....\$14.99



## **H. Commercial Parchment Paper**

Silicone grease-proof pan liners to line baking sheets, separate foods for freezing, line cake pans, etc. 12" x 16" 100 sheets

#1153....\$12.99



Vanilla Clear **Imitation Flavoring** GF 32 oz. bottle #1625...\$10.99







## **Mexican Vanilla Paste**

All-natural. No additives or preservatives. ₲₣ 8 oz. jar

#6945....\$27.49



## Original Mexican Vanilla

All-natural, smooth and rich vanilla makes baked goods shine.

◆ 8.4 oz. **6** #**6702....\$23.99** 

◆ 16.7 oz. **GF #6919....\$34.99** 





## **Double Acting Baking Powder**

Aluminum free; from a trusted name in baking for over 100 years! 12 oz. jar

#3411....\$5.99



## **Arm & Hammer Baking Soda** 2 lb. box #3435....\$4.99



## **Golden Brown Pure Cane Sugar**

Nutty, caramel and subtle molasses flavor; moist texture.

GF 7 lb. bag

#2261....\$12.99



## **Powdered Pure Cane Sugar**

Very fine, with exceptionally smooth texture for frostings, glazes, and candy-making. GF 7 lb. bag

#1151 . . . . \$12.99



## **Pure Cane Granulated Sugar**

GF 10 lb. bag

#1632.... \$14.99

**BIGGER SIZE** 

**GF** 25 lb. bag #2096...\$33.99



## Corn Starch

100% pure corn starch for thickening sauce, gravies, and pie fillings. 35 oz. box

#3434....\$7.99



## Baking Cocoa, 22-24% Natural, high-fat premium baking cocoa

perfect for cakes, cookies, and homemade hot chocolate mixes.

GF 5 lb. bag #2498....\$30.99



\*\*\*\* "Forget that store bought stuff. This is so much better. I will never buy anything else." Shelly Jungemann, Redfield, SD

## Vegalene® Pan and Grill Spray

This all-natural, zero trans-fat product prevents food from sticking to cooking utensils and dishes.

**GF** 21 oz. can

#1212....\$10.99



## **Buttery Delite®**

Spritz on rich, buttery flavor without the fat and calories. Perfect for veggies and breads.

GF 17 oz. can

#1576....\$9.49



## **Vegalene Grid Iron Release Spray**

Achieves a smooth, fast release for waffles (3-5 waffles per spray).

GF 14 oz. can

#1575....\$8.99



Vegalene

## Bak-Klene® ZT All-Purpose Spray

Its superior release power assures clean, easy removal of a variety of baked goods from their pans. Like greasing and flouring your baking pans, but SO MUCH EASIER! 14 oz. can

**Peacock Brand** 

**All-Purpose Flour** 

High-quality unbleached

all-purpose flour. 10-

11.5% protein content.

#3199....\$17.99

25 lb. bag

#5564.....\$8.99



## **Turkey Brand Unbleached Bread Flour**

All-natural, unbromated, non-GMO flour made from local wheat. 25 lb. bag #2285...\$18.99



## Gluten Free 1-to-1 **Baking Flour**

Use as a direct replacement for all-purpose baking flour. **GF** 44 oz. bag **#1277....\$11.99** 



## **Saf Instant Yeast** GF 1 lb. Package #2446...\$8.99

**Bakery Bread Bags** Poly .001 mil bags. 15" length. 100 ct. #5494....\$6.99 #7803....\$4.99

**Bread Bag White Twist Ties** 3 1/2", 2000 ct. box

#2057....\$10.99

**Mini Poly Treat Bags** Poly .001 mil 4" x 2" x 12". 100 ct.

**Bakery Bags for Dinner Rolls** Poly .001 mil 8" x 4" x 18". 100 ct. #4238.....\$6.99





## Milk Chocolate Chips

Sweet baking chocolate made with the highest quality cocoa butter, whole milk powder, and vanilla extract. **GF** 11.5 oz. bag

#10100....\$6.99



## **Semi-Sweet Chocolate Baking Chips**

Highest-quality cocoa butter, unsweetened chocolate, and just the right touch of sugar. GF 12 oz. bag

#2781....\$6.99

Milk Chocolate Chips Made with high-quality cocoa

roasted chocolate flavor with

#3244....\$31.99

Semi-Sweet **Chocolate Chips** Premium semi-sweet chocolate chips with a sweet, classic

hints of vanilla. 5 lb. bag

butter, whole milk powder and vanilla extract for perfect sweet chocolate flavor and smooth texture.







## **Cookie and Snack Variety Pack**

Perfect lunchbox portions of your favorite snacks! 9-Mini Chips Ahoy, 8-Nutter Butter Bites, 8-Ritz Bits Peanut Butter, 8-Ritz Bits Cheese, 9-Mini Oreos.

1 oz. bags / 40 ct. box #1257...\$21.99



"We love everything about this snack box - the variety, the portion sizes, the convenience, and the price. Great to have on hand!" Anne Metzler, Riverton, WY







## **Double Eagle Silver Dollar Jerky**

2 1/2" round jerky.15 oz. of meat. 18-month shelf life. 80 ct. jar...\$19.99 | Just .25 each!

- ♦ #4694 Peppered
- ♦ #4695 Teriyaki
- ♦ #4693 Old Fashioned



## **Tangy Snackers Original Summer Sausage Sticks**

Naturally hardwood slow smoked, fully cooked summer sausage sticks made from select cuts of coarsely ground pork and beef. On-the-go snacking with 5 g. protein per stick. Low sugar. Made in the USA. GF 8/3 oz. packs

#3256....\$21.49





#### Fruit Snacks, Mixed Fruit

Fruit is the first ingredient! No preservatives. **GF** .8 oz. / 90 ct.

#3441....\$23.99 | .27 per pouch!



## **Classic Chips Variety Pack**

Frito Lay's bestsellers all in one box: 12-Doritos Nacho Cheese, 12-Cheetos Crunchy, 8-Lay's Classic, 7-Fritos Original, 7-Doritos Cool Ranch, 4-Lay's Sour Cream & Onion, 4-Lay's Barbecue 1 oz. / 54 ct. box #4018....\$32.99



## Seneca Original Apple Chips

Choice, orchard-grown Washington State apples carefully selected and delicately sweetened and crisped. **GF** 24 / .7 oz. bags

#2810....\$15.99|.67 each





## **Organic Applesauce Pouches**

Convenient BPA-free pouches with twist cap. No sugar added.

**GF** 24/3.17 oz. pouches #2993...\$18.99 | .80 each





## **Fruit Cup Snacks Family Pack**

12 diced peaches; 8 mixed fruit in 100% juice. **GF** 20 ct. / 4 oz. cups **#2482....\$18.99** 





## **Goldfish Giant Cinnamon Grahams**









## **Premium Original Granola**

All-natural, 5 grams protein per serving, and no trans fat! 50 oz. bulk bag

#5768....\$19.99

# Little ways to treat yourself!



Milk Chocolate Sea Salt Caramels

Sweet and salty flavors combine in these chewy caramels coated in rich chocolate. 16 oz. tub

#2994...\$12.99



**Chocolate Cinnamon Bears GF** 2.65 lb. bag

#1290....\$17.99

\*\*\*\*

"These are my absolute favorite candy."

Liz Roeder, Baker, MT



**Milk Chocolate Almonds** 

Roasted almonds covered in rich milk chocolate. **GF** 3 lb. jar

#1619....\$20.99



#### **Chocolate Caramel Nut Clusters**

Roasted peanuts covered in chewy caramel and coated in rich milk chocolate.

16 oz. tub #3366....\$12.99



## **Macadamia Clusters with Salted Caramel** and Milk Chocolate

Crisp macadamia nuts smothered in buttery salted caramel then enrobed in rich milk chocolate. Our AP staff is addicted to them! GF 32 oz. tub

#2660....\$25.99

16 oz. tub

#2044....\$13.99



## **Edward Marc Chocolatier Coconut Almonds with Dark Chocolate**

Crisp almonds in a sweet coconut coating drenched in rich dark chocolate.

32 oz. bag #2670....\$24.99



#### **Craisins Whole Dried Cranberries**

100% North American cranberries. No artificial flavors or preservatives. Delicious on salads, in recipes, and just for snacking!

64 oz. bag

#3442....\$18.99



## **Cinnamon Bears**

Childhood favorite chewy hot cinnamon bears.

GF 16 oz. tub

#1172....\$8.99



Dark Chocolate Cranberries

16 oz. tub

#2038....\$10.99



## **Butter Toffee Cashews**

Crunchy cashews coated in a buttery toffee glaze. 16 oz. tub

#2043...\$12.99



## **Butter Toffee Almonds**

Crisp almonds coated in a sweet and buttery shell. 16 oz. tub

#2041....\$11.99



## **Dark Chocolate Espresso Beans**

Buzzy espresso beans enrobed in rich dark chocolate. 16 oz. tub

#2525....\$12.99



**Vanilla Yogurt Pretzels** 9 oz. tub

#2716....\$6.99



Cashews, Roasted & Salted **GF** 14 oz. tub #9117....\$12.49





**Milk Chocolate Cashews** 

Fresh, crunchy cashews enrobed in creamy milk chocolate. 16 oz. tub

#2036....\$12.99



## **Deluxe Mixed Nuts**

Roasted and salted almonds, cashews, pecans, Brazil and hazel nuts.

GF 14 oz. tub #9121 ....\$13.99



**Nut Berry Trail Mix** 

Dried Cranberries, R&S Almonds and Cashews, Pecans and dried cherries. 14 oz. tub

#2076....\$11.99



## **Shelf-Stable Dairy Products**

- Real, delicious Grade A milk
- All the vitamins & nutrition of conventional pasteurized milk
- · Ready to use
- Stays fresh without refrigeration until the sealed package is opened (approx. 12 months)
- No preservatives added



U.H.T. (Ultra High Temperature)
Shelf-Stable 2% Milk
GF 27/8 oz. cartons

A. #1710 White Milk....\$17.99

"I was not expecting these to taste SO DANG GOOD! I

love that I can keep these

in storage and bring up a couple to put in the fridge. I

will definitely be trying the

other flavors! Amazing food storage idea!" **Nicole Fisher,** 

Oak City, UT

B. #1708 Strawberry Milk....\$19.99 C. #1709 Root Beer Milk....\$19.99

D. #1707 Chocolate Milk....\$19.99





## Tropical Blend V8 Splash

Juicy apples, pineapples, kiwis, limes, and mango paired with carrot juice.

§§ 12/16 oz. bottles

#1717....\$23.99



Sunny D Tangy Original Citrus Punch

The refreshing orange drink with 100% Vitamin C and a convenient reclosable sport cap bottle. 11.3 oz. / 30 ct. case #2924...\$24.99 | .83 each Bigger bottles! Bigger case!

## **True Lemon Crystallized Lemon Packets**

Each packet equals one lemon wedge. Adds natural flavor with zero calories to water, recipes, yogurt, or sprinkled over salmon. No artificial sweeteners, flavors, or colors. Allergen free.

**GF** 100 ct. box

#1689....\$12.99 | .13 each



## Almond Milk

No cholesterol or saturated fat, and is free of dairy, soy, lactose, gluten, casein, egg and MSG. Non-GMO.

Unsweetened Vanilla
Almond Milk
GF 6/1 qt. case
#1457...\$21.99







## Cappuccino

Rich, comforting cappuccino that's terrific hot or cold, or enjoyed as a coffee creamer.

GF 2 lb. bag
(45/8 oz. svgs.)....\$10.99

- ♦ #1326 French Vanilla
- ♦ #1330 English Toffee
- ♦ #1328 Mocha
- ♦ #1329 White Chocolate Caramel



# KIRKLAND CLUB STORE DIRECT

Alison's Pantry has partnered to bring this selection of Kirkland premium club store products to rural areas. Better quality and larger pack sizes, still at a great value for families!



#### Italian Sausage & Beef Lasagna

Made with 100% USDA Choice ground chuck, vine-ripened tomatoes, whole milk ricotta and mozzarella. No preservatives added. Convenient twin-pack. Each tray feeds 6. Frozen.

#1279...\$28.99 | Just \$14.50 per family meal!



#### **Bacon Crumbles**

100% real bacon. High-quality, fresh pork is slowly smoked over all-natural hardwood chips then crumbled for easy use.

GF 20 oz. bag

#1241....\$15.99





**Salted Sweet Cream Butter GF** 4/1 lb. case #1723....\$19.99





## Microwave Popcorn, Movie Theater Butter

100% whole grain, non-GMO popcorn; perfectly coated in movie theater butter. **GF** 3.3 oz. / 44 ct. box

#1821....\$24.99



**Boneless, Skinless Chicken Thighs** 

Grade A, all natural chicken thighs with no added hormones or steroids. Ice glazed and individually frozen. **GF** 6.5 lb. bag

#1317....\$26.99





Grown, harvested, processed and packed in California. Packed in water; recipe ready!

**GF** 48 oz. jar

#1289...\$12.99





## Soft & Chewy Granola Bars, Chocolate Chip

Made with real semi-sweet chocolate chips and whole rolled oats. .85 oz. bars / 64 ct. box

#1138...\$15.99



Flex-Tech Kitchen Trash Bags

13 gal. bags / 200 ct. box

#2777....\$28.99







**Walnut Halves & Pieces** 

Approx. 12 cups of U.S. #1 walnuts for baking and snacking. GF 3 lb. bag

#1293....\$13.99





**Whole Almonds** 

Approx. 9 cups of supreme #1 U.S. raw almonds. GF 3 lb. bag

#1294....\$16.99





**Fancy Pecan Halves** 

U.S. #1 beautiful pecan halves for recipes and snacks. GF 2 lb. bag

#1292....\$19.99





**Trail Mix Snack Packs** 

Blend of peanuts, M&M's Milk Chocolate Pieces, raisins, almonds and cashews in convenient snack packs.

**GF** 2 oz. / 28 ct. box



## CUSTOM

## CUSTOM CULINARY PRODUCTS ARE THE SAME BASES AND GRAVIES USED BY CHEFS.

# **Real 'Meat First' Bases** *Professional chef quality. No MSG*

added. 0 trans fat

GF 16 oz. jar, yield: 5 gallons

- #1038 Chicken....\$11.99
- ♦ #1039 Beef....\$12.99

**Au Jus Base GF** 16 oz. yield: 3 gal **#2061..... \$11.49** 

Shirley J Bouillons have a rich, deeper flavor, and are more concentrated with a greater yield than other brands, allowing you to use less with tastier results. Use just ½ tsp. Shirley J bouillon to 1 cup water.

They're lower in sodium

than other brands, too.



## Chicken Flavored Bouillon Granules

**GF** 16 oz. jar **#3042....\$9.99** 

**Beef Bouillon Granules GF** 16 oz. jar **#3043....\$12.99** 





Real pan drippings and select seasonings create rich, savory gravies. Just add water.

68-2 oz. servings when prepared | 12 oz. bag

**Peppered Biscuit Gravy Mix** 20 oz. bag/72-2 oz. svgs. #1525......\$9.99

- ♦ #1255 Country Gravy Mix....\$9.99
- ♦ #1252 Brown Gravy Mix...\$9.99
- ♦ #1254 Turkey Gravy Mix....\$10.99
- ♦ #2131 Pork Gravy Mix....\$10.99
- ♦ #1253 Chicken Gravy Mix....\$9.99
- ♦ #3586 Beef Gravy Mix...\$9.99



## Germade Cereal

*Ultra-smooth and creamy wheat cereal.* 2 lb. bag....\$8.99

- #4452 Strawberries & Cream
- #4453 Plain



## Elbow Macaroni Noodles 10 lb. bag #1332....\$22.99

**10" Spaghetti Noodles** 10 lb. bag #**1331....\$22.99** 



## **Bulk Pudding & Topping Mixes**

- #1913 Jell-O Instant Chocolate Pudding & Pie Filling, @ 28 oz. bag....\$12.99
- #1914 Jell-O Instant Vanilla Pudding & Pie Filling, @ 28 oz. bag....\$12.99



## 4.5" Spring Assisted Black Pocket Knife w/ Clip

This premium-quality drop-point knife has a strong tip for precision cutting and piercing and a double-sided metal body. Spring-assisted with pocket clip. Folded Length: 4.5"; Drop Point Blade: 3.75"; Overall Length: 8.25" #3300...\$9.99



## Jumbo Emergency Flint Fire Starter / Striker

Essential tool for camping, hiking, emergency preparedness, and survival kits.

#2151....\$5.99

**Emergency Sleeping Bag** 

The same mylar material as the

emergency blanket, shaped into a

sleeping bag to prevent heat loss

body heat. Wind and waterproof.

84" x 36"

#7403.....\$3.99

even more efficiently. Retains 80% of



## **Glass Cleaner**

Dissolves dirt, grease, grit, and grime.
Ammonia-free with a clean fresh fragrance.
23 oz. can

#1342....\$4.99



## 

## Puricit® Citrus Air Freshener Eliminate the lingering odors of grease, fish, and even cigarette

grease, fish, and even cigarette smoke! We use this product in all the bathrooms here at Alison's Pantry. 6 oz. can

#1579.....\$6.99





## 3.75" Spring Assisted Pocket Knife w/Window Breaker and Seatbelt Cutter

Spring assisted drop point stainless steel sleek knife with features to break a window or cut a seatbelt in an emergency. Metal belt clip. Open length: 6.75", Blade length: 2.75", Closed length: 3.75".

- #3301 Black....\$12.99
- ♦ #3303 Silver....\$11.99



## Sona 4 Wick 48 Hour Survival Candle

Perfect for emergencies, camping, backpacking, hunting, and disaster preparedness. Made from palm and soy wax. Use as a light source, or to warm up to 1 lb. of food.
#1094...\$7.99

Save 20% when you buy by the case of 12 at alisonspantry.com



100% Idaho potatoes sliced and paired with a creamy white cheese and onion sauce mix. Just add water. Yield: 9 x 13" pan; approx. 17 svgs. **GF** 20.35 oz. bag

#2904....\$10.99

#### **Au Gratin Casserole**

Just add water and bake for a rich creamy au gratin potato casserole. Made from 100% real Idahoan potatoes sliced in a cheese sauce mix. No trans fat or cholesterol. Yield: 9 x 13" pan; approx. 17 svgs. **GF** 20.35 oz. bag

#2903....\$10.99











Dehydrated fresh Idaho potato shreds. 12 month shelf life. Just add water. Yield 72 ½ cup servings. **GF** 2.125 lb. carton

#1392....\$14.99

GF 28 oz. bag #1391....\$11.99









#3265....\$10.99 | Just .11 per bag!



4/145 ct. boxes (580 ct. bags) #2769....\$23.99



**Ziploc Bags Variety Pack** Multi-purpose pack of resealable plastic bags; 125-Sandwich, 120-Snack, 52-Gallon Storage, 50-Quart Storage bags. 347 ct. box

#1978....\$29.99



## Dawn Food Film w/Cutter

Commercial grade plastic wrap in an economical foodservice pack. 12" X 2000' Each

#6127....\$26.99



## **Deli Containers with Lids**

Our Deli Containers make it easy to pack leftovers, salads, cookies, and more.

- •8 oz. #2258....\$19.99 | .40 each
- 16 oz. #6476....\$21.99 | .44 each
- + 32 oz. #6477.....\$23.99 .48 each



## CAMBRO

## **Translucent Round Containers**

Stackable, professional-grade, BPA-free containers with red gradations and lids. Made of chemical- and stain-resistant translucent polypropylene.

- #2751 2-Quart Size, Set of 3....\$18.99
- #2752 6-Quart Size, Set of 2....\$18.99







2 Gallon Opaque White Plastic Bucket with White Gamma lid

2 gallon bucket will hold approximately 15 lb. of dense product. Gamma lid gives an easy airtight seal. #4779.....\$12.99

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FROM: 580 W. State Street Pleasant Grove, UT 84062 www.alisonspantry.com











Trident 4

See page 16. 62/1 oz. sticks/4 lb. bag

Sale \$23.99

**Ultimate Fish Sticks** 

#2809....Reg. <del>\$29.99</del>

**Riced Cauliflower** See page 24. GF 5 lb. bag #2743....Reg. \$14.99 SALE \$10.49 | SAVE 30%!













## lehi mills

CARANDO

See page 30.

12/8.5 oz. case

#2373...Reg. \$43.99

**Buttermilk Pancake Mix** See page 38. 2 lb. bag #3319....Reg. \$8.99 SALE \$6.99 | SAVE 22%!



Want to earn commission when you buy groceries? Alison's Pantry is looking for more Reps! Sign up this month as a new AP Rep and receive \$200 in free groceries

Visit alisonspantry.com/become-a-rep

